# VIDYASAGAR UNIVERSITY

Midnapore, West Bengal

*PROPOSED CURRICULUM&SYLLABUS (DRAFT) OF*

## BACHELOR OF SOCIAL WORK -BSW

## (HONOURS)

## 4-YEAR UNDERGRADUATE PROGRAMME

*(w.e.f. Academic Year 2023-2024)*

***Based on***

**Curriculum & Credit Framework for Undergraduate Programmes**

**(CCFUP), 2023& NEP, 2020**



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# VIDYASAGAR UNIVERSITY
# BACHELOR OF SOCIAL WORK- BSW (HONOURS)
# (under CCFUP, 2023)

| Level | YR. | SEM | Course Type | Course Code | Course Title | Credit | L-T-P | Marks | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | CA | ESE | TOTAL |
| BSW (Hons.) | 3rd | V | SEMESTER-V | | | | | | | |
| | | | Major-8 | BSWHMJ08 | T: Social Action as a Method of Social Work | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Major-9 | BSWHMJ09 | T: Social Issues and Problems-II | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Major-10 | BSWHMJ10 | T: Development Approaches for Weaker and Vulnerable Sections | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Major Elective-01 | BSWHDSE1 | T: Gender Justice | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Minor-5 | BSWMIN05 | Study of Economics for Social Worker-1 | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | | | Semester-V Total | 20 | | | | 375 |
| | | VI | SEMESTER-VI | | | | | | | |
| | | | Major-11 | BSWHMJ11 | T: Rural and Urban Community Development | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Major-12 | BSWHMJ12 | T: Child Rights & Protection | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Major-13 | BSWHMJ13 | P: Field Work | 4 | 0-0-4 | 15 | 60 | 75 |
| | | | Major Elective-02 | BSWHDSE2 | T: Counselling | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | Minor-6 | BSWMIN06 | T: Study of Economics for Social Worker-II | 4 | 3-1-0 | 15 | 60 | 75 |
| | | | | | Semester-VI Total | 20 | | | | 375 |
| | | | | | YEAR-3 | 40 | | | | 750 |
| | | | Eligible to be awarded Bachelor of Social Work *on Exit* | | | 126 | Marks (Year: I+II+III) | | | 2325 |

MJ = Major, MI = Minor Course, DSE = Discipline Specific Elective Course, CA= Continuous Assessment, ESE= End Semester Examination,
T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical



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# MESTER-V

## *MAJOR (MJ)*

**MJ-8: Social Action as a Method of Social Work** **Credits 04 (Full Marks: 75)**

**MJ-8T: Social Action as a Method of Social Work (Theory)** **Credits 04**

**Course contents:**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Introduction to Social Action | Concept, Definition, Characteristics and Objectives of Social Action, Principles & skills of Social Action |
| II | Steps and Stages (Process) of Social Action | Steps of Social Action, Four Stages (Processes) of Social Action-Awareness Building Stage, Organizing Stage, Strategy Development Stage, Action Stage |
| III | Social Action in Relations to Methods of Social Work | Social Action in Relation to Case Work, Group Work and Community Organization and Social Work Research |
| IV | Importance of Social Action in Social Work | Various reasons why social action is frequently the best option, Major Social Action Movements in India |

**Suggested Readings:**


1. The Nature of Social Action. Weber Max. (1991). Cambridge University Press.
2. Social Work & Social Change. Sugata Dasgupta. (1968). Extending Horizons Books/Porter Sargent Publisher
3. The Structure of Social Action. Talcott Parsons. 2nd Edition. (1997). Free Press
4. Social Action. M. Vasudeva Moorthy. (2007). Asia Publishing House.
5. Development and Social Action. Miloon Kothari. (2006). Rawat Publications, Jaipur.




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**MJ-9: Social Issues and Problems-II** **Credits 04 (FM: 75)**

**MJ-9T: Social Issues and Problems-II (Theory)** **Credits 04**

**Course contents:**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Problems of Migration | Concept of Migration, Immigration and Emigration, Forced Migration, Causes and effects of Migration |
| II | Regional issues | Corruption, terrorism, communal rights. Social issues related to inadequate public health system specific to rural areas. |
| III | Addiction | Social Media Addiction Linked to Cyber Bullying, Causes and Consequences of Social Media Addiction, Causes and Effects of Substance Abuse and Alcoholism, |
| IV | Prostitution and Trafficking | Impact of Prostitution on Society, Definition, Factors of Human Trafficking, difference between trafficking and migration, Effect of human Trafficking, Role of Social Workers to prohibit trafficking |

**Suggested Readings:**


1. Social Problems and Issues in India. Pooja Kumari, Ravinder Singh, Priya A. Sondhi. Satyam Law International.
2. Women in the Contemporary Society. Th. Bimarani Devi (2017). Concept Publishing Company Pvt. Ltd.
3. Social Media Anxiety and Addiction. Christopher B. House. (2021). Fountain of Knowledge Publishing
4. Social Problems in India. Ram Ahuja. 2nd Edition. (2007). Rawat Publications.
5. Indian Social Problems. Vol. I & II. G.R. Madan. (2005). Allied Publishers Pvt. Ltd. New Delhi.




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**MJ-10: Development Approaches for Weaker and Vulnerable Sections Credits 04(FM:75)**

**MJ-10T: Development Approaches for Weaker and Vulnerable Sections (Theory) Credits 04**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Socially Disadvantaged Groups in India | Generic concept of Socially Disadvantaged Group, Types of Disadvantaged groups, Challenges faced by such groups |
| II | Social Empowerment | Concept and Meaning of Social Empowerment, Need for Social Empowerment, Tools of Social Empowerment |
| III | Welfare of Scheduled Castes and Scheduled Tribes | Constitutional, Legislative measures and Welfare Policies for Scheduled Castes and Tribes, Objectives and Activities of National Commission for Scheduled Castes and Tribes |
| IV | Welfare of Minorities | Types of Minorities in India, Constitutional, Legislative measures, Objectives and Activities of National Commission for Minorities, 15 Points Programme |

**Suggested Reading:**


1. Empowerment of the Weaker Sections in India. R.B.S Verma, H.S. Verma, Raj Kumar Singh. (2006). Serials Publication, New Delhi.
2. Problems of Scheduled Caste and Scheduled Tribes in India. A.N. Bharadwaj. (1979). Asia Book Corporation of Amer
3. Tribal Development in India: The Contemporary Debate. Gobindra Chandra Rath, Ed. (2006). Sage Publications.
4. Reading Minorities in India: Forms and Perspectives. K.M. Ziyauddin. (2022)
5. Scheduled Castes and Scheduled Tribes. A Socioeconomic Survey by C. Pavatama.




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## *MAJOR ELECTIVE (DSE)*

**Major Elective -1: Gender Justice** **Credits 04(Full Marks: 75)**

**MJ Elective -1T: Gender Justice (Theory)** **Credits 04**

**Course Content**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Gender and Society | Concept of Sex, Gender and Sexuality, Patriarchy, Gender Inequality, Masculinity and Feminity. Family and Community as a site of Gender-based violence. Concept of Body Shaming, Gender-Shaming, Eve-teasing and their Consequences, |
| II | Status of Women in India | Contemporary Status of Women at Health, Education, Work-place, Administration, Politics and Economy, |
| III | Status of Other Genders | Concept of LGBTQHA+, Problems of other genders as under privileged and deprived section, |
| IV | Initiative of the Govt and Non-Govt. Organizations | Initiatives of the Governments for upliftment of status of women and other genders, Role and Scope of Social Workers in bringing Gender Justice |

**Suggested Reading:**


1. GENDER & SPACE–Femininity, Sexualization and the Female Body. Seemanthini Niranjana. (2001). Sage Publications India Pvt Ltd, New Delhi.
2. Gender, Conflict and Migration. Navnita Chadha Behera and Women and Migration in Asia, Volume 3; Series Editor: Meenakshi Thapan. Sage Publications India Pvt Ltd, New Delhi. (2006).
3. The Third Sex and Human Rights. Rajesh Talwar. (1999). Gyan Publishing House. New Delhi.
4. Gender Inequality– Power, Privilege and Poverty in Plantations. A. Ramegowda. Rawat Publications, Jaipur & New Delhi. (1997)
5. Gender Issues and Social Dynamics. Latika Menon. Kanishka Publishers, Distributors, New Delhi. (1997)




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## *MINOR (MI)*

**MI-5: Study of Economics for Social Worker-1** **Credits 04(FM: 75)**

**MJ-5T: Study of Economics for Social Worker-1 (Theory)** **Credits 04**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Introduction & Basic Principles | What is Economics? Opportunity Costs, Cost – benefit principle, The invisible hand principle, Economic Models: Trade-offs and Trade, Supply and Demand: A model of a competitive Market, The Concept of Elasticity , Consumer Surplus and Producer Surplus, Market Efficiency and Price Control. |
| II | Principles of Microeconomics | **The Basic Problem of Consumer Choice**: Utility and the description of Preference, The Budget Constraint, Indifference curves, and Consumption Decision<br>**Production and Costs**: The firm's production function, The cost of Production, Economic profits.<br>**Market Structures**: Short-run and long run competitive output, Monopoly, Monopolistic competition and Oligopoly, The idea of Strategy and Game Theory.<br>**Microeconomics and Public Policy**: Public goods, Common resources, Externalities |
| III | Principles of Macroeconomics | **The nature of Macroeconomics**: Macroeconomic Questions, The Business Cycle, Unemployment, Inflation, Internal Imbalances<br>**Tracking the Macroeconomy**: The National Accounts, Real GDp, Price indexes<br>**Economic Growth:** Definition, Sources of Economic Growth, Why growth rates differ, Success, Disappointment and Failure, Is world growth sustainable? |
| IV | Economic System | The definition and classification of economic systems, Characteristics of economic system, Economic systems and economic outcomes, How economic systems change, The setting of economic systems, Economics in transition, Economic institutions and economic preferences. |



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**Suggested Readings:**


1. Economics: Paul Krugman and Robin Wells, 3rd Edition
2. Economics: Joseph E. Stiglitz Carl E. Walsh, 4th Edition
3. Comparative Economic Systems: Paul R. Gregory, Robert C. Stuart,2nd Edition
4. The Global Economy and Its Economic Systems: Paul R. Gregory, Robert C. Stuart
5. Development Economics: Ray Debraj, Oxford




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# MESTER-VI

## *MAJOR (MJ)*

**MJ-11: Rural and Urban Community Development** **Credits 04 (Full Marks: 75)**

**MJ-11T: Rural and Urban Community Development (Theory)** **Credits 04**

**COURSE OBJECTIVES:**

1. To learn the theories, definitions, and concepts of development as they apply to both rural and urban contexts.
2. To understand how to develop and implement programmes that address social issues like health, education and poverty for promoting equality.
3. To learn about rural and urban administration and the importance of community participation in the development process.

**COURSE OUTCOME:**

The course will help to develop skilled professionals who can create and implement programmes that address disparities, improve living conditions, and ensure sustainable, equitable growth for both rural and urban populations.

**Course contents:**

| Unit No. | Unit Title | Content |
|---|---|---|
| **1.** | Rural Community | Meaning, Characteristics, & Types of rural communities in India, rural- urban continuum. Rural social institutions (Joint family, Caste, Village power structure). |
| **2.** | Rural Governance | Composition, functions & powers of Gram Panchayat, 73rd Constitutional Amendment Act |
| **3.** | Urban community and its problems with reference to India. | Meaning, Characteristics, & Types of urban communities in India. Urban, Urbanism, Urbanity & Urbanisation. Housing and slums. Poverty, Cyber-crime, Migration: meaning and types, factors and problems. City and its types: Smart cities and its implications. |
| **4.** | Urban Governance and programmes. | Composition, functions & powers of Urban local bodies (Municipalities / Corporation) 74th Constitutional Amendment Act, urban programmes: JNNURM, Swatch Bharat, AMRUT (Atal Mission for Rejuvenation and urban transformation- 2015). |

**Suggested Readings:**

**General / Foundational Texts**

1. "Rural Sociology in India" – A.R. Desai (Popular Prakashan) — A classic foundational text on rural social structures, caste, and village institutions in India.



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2. "Community Development in India" – S.C. Dube — Covers theories and practice of community development in the Indian context.
3. "Social Work: An Introduction" – Meenakshi Patel — Useful for BSW students connecting community development to social work practice.
4. "Indian Village" – S.C. Dube — A classic ethnographic study of Indian village life, rural institutions, and caste structures.
5. "Rural Development in India" – B.K. Patra (Dominant Publishers) — Covers rural social institutions, Panchayati Raj, and development programmes.
6. "Panchayati Raj and Rural Development" – B.L. Fadia — Detailed coverage of the 73rd Constitutional Amendment, Gram Panchayat structure, and functions.
7. "Decentralisation and Local Governance in India" – George Mathew (Institute of Social Sciences) — Excellent reference for Gram Panchayat and local self-governance.
8. "Urban Sociology" – Giri Raj Gupta — Covers urbanisation, urbanism, urban communities and slums in India.
9. "Urban India: Crisis and Alternatives" – M.S.A. Rao — Discusses urban social problems, slums, and development challenges.
10. "Urban Local Government in India" – B.L. Fadia — Covers municipal bodies, the 74th Constitutional Amendment, and urban governance structures.
11. "Urbanisation in India" – R.B. Mandal — Useful for understanding trends in urbanisation and its social impacts.
12. "Rural Development: Principles, Policies and Management" – Katar Singh (SAGE India) — Highly recommended for understanding rural development programmes and policies in India.
13. "Social Policy, Public Policy and Development" – Surendra Singh — Covers government schemes relevant to both rural and urban community development.
14. "Urban Poverty and Slum Development" – P.K. Das — Useful for Unit 3 on urban slums and urban social issues.

**Journals & Reports to Supplement**

- Economic and Political Weekly (EPW) — For current debates on rural/urban governance and development in India.
- Reports by NITI Aayog, Ministry of Panchayati Raj, and Ministry of Housing and Urban Affairs — For updated policy and programme data.



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**MJ-12: Child Rights & Protection** **Credits 04 (FM: 75)**

**MJ-12T: Child Rights & Protection (Theory)** **Credits 04**

## COURSE OBJECTIVES

1. Understand the concept of childhood and child development in global and Indian, social, and cultural contexts.
2. Gain in-depth knowledge of the Four Fundamental Rights and Four Generic Principles enshrined in the United Nations Convention on the Rights of the Child (UNCRC).
3. Identify, analyse, and critically examine key child protection issues — including Child Labour, Child Marriage, Child Trafficking, and Child Abuse — along with their root causes and consequences.
4. Familiarise students with landmark legislations such as the Juvenile Justice (Care & Protection) Act, CLPRA, PCMA, ITPA, POCSO, and the Right to Education Act.

## COURSE OUTCOMES:

Develop a clear understanding of child development stages, areas, and socio-cultural influences on childhood both in global and Indian contexts. Analyse the four fundamental rights and four generic principles under the UNCRC and explain their relevance to child protection in contemporary society. Critically examine the causes, consequences, and societal impact of critical child protection issues such as child labour, child marriage, child trafficking, and child abuse. Interpret key provisions of the Indian Constitution and evaluate the salient features of major child-related legislations (JJ Act, CLPRA, PCMA, ITPA, POCSO, RTE) and the legal remedies available under them.

**Course contents:**

| Unit No | Unit Title | Content |
|---|---|---|
| 1. | Child & Child Development | Concept of Child in global and Indian context. Social and Cultural understanding of childhood. Historical views & changing concept of childhood. Concept, stages, areas of child development. |
| 2. | Child rights and protection | Factors affecting child wellbeing: family, society, health, nutrition, disability, poverty & education. UNCRC: fundamental rights & principles. Child protection & child rights issues. Child labour, child marriage, trafficking & child abuses. Causes & consequences of child rights violation & role of social worker. |
| 3. | Legal protection of children | Child constitutional safeguards for children, JJ Act, Child Labour (Prohibition and Regulation) Act, Prohibition of Child marriage Act, Immoral Traffic (Prevention) Act, POCSO, RTE. |
| 4. | Child welfare & Social Work | ICDS, Mission Vatsalya & other related Govt. Programmes. |



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**Suggested Reading:**


1. An Introduction to Working with Children: A Guide for Social Workers. Cotton Mathew. (2001). Palgrave Publishers. New York.
2. Child Rights and Young Lives. Sarada D & Rajani N. Discovery Publishing House, New Delhi.
3. Family & Child Welfare. Singha Ajit. (2011). Centrum Press, New Delhi.
4. Child Rights, Law and Development-Emerging Challenges. Naidu Y Gurappa. (2005). Serials Publications, New Delhi.
5. Child Rights in India: Law, Policy and Practice. Bajpai Asha. Oxford University. New Delhi.




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**MJ-13: Field Work** **Credits 04(FM:75)**

**MJ-13T: Field Work (Practical)** **Credits 04**

**COURSE OBJECTIVES**:

1. Designing tools that capture the "ground reality" versus just data.
2. Understanding how the Panchayat and SHGs drive local development and learning to bridge the gap between marginalized groups and urban resources.
3. Using Case Study, Ecomaps to see a client not in isolation, but as part of a system.
4. Mastering the balance between objective observation and empathetic reporting.

**COURSE OUTCOMES:**

This practicum focuses on the execution of community-based research and individual interventions. Students will develop competency in conducting systematic surveys and in-depth case studies within **Urban**, **Rural**, and **Slum** environments.

**Course Outline**

| Unit No | Unit Title | Activities |
|---|---|---|
| **1.** | Social Survey & Research Design | Drafting survey tools (Questionnaires/Schedules). Sampling methods for diverse populations. Digital data **collection** tools. Pilot testing in different settings. |
| **2** | Rural/Urban/Slum Fieldwork & Livelihoods | Study of Panchayati Raj Institutions (PRI)/ Urban Bodies. Role of Self-Help Groups (SHGs). Mapping agrarian/industrial issues and migration. Conducting PRAs (Participatory Rural Appraisals). |
| **3** | Urban & Slum Community Practice | Analysing urban poverty and the informal labour sector. Issues of land tenure, sanitation, and health in slums. Mapping urban NGOs and government welfare schemes. Study of urban migration and displacement. |
| **4** | Case Study & Professional Documentation | Social Investigation and Diagnostic tools (Ecomaps). Intervention planning and goal setting. Daily Process Recording and Analytical Reporting. Ethics: Confidentiality and Informed Consent. |



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**Suggested Reading:**


1. DeCarlo, M. (2022). *Scientific Inquiry in Social Work* (2nd ed.). VCU Libraries.
2. National Association of Social Workers (NASW). (2021). *Code of Ethics of the National Association of Social Workers*.
3. Ponnuswami, I., Francis, A. P., & Harris, N. (2020). *Social Work Education, Research and Practice: Perspectives from India and Australia*.
4. Richmond, M. E. (2017). *Social Diagnosis*. Russell Sage Foundation. (Original work published 1917).
5. Kumar, R. (2009). *Social Case Work: Methods and Fields of Social Work in India*. Directorate of Distance & Continuing Education, Utkal University.
6. Siddique, H. Y. (2008). *Group Work: Theories and Practices: India, Pakistan, Bangladesh and Sri Lanka*. Rawat Publications.
7. Ross, M. G. (1965). *Community Organization: Theory, Principles and Practice* (2nd ed.). Harper & Row.




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## *MAJOR ELECTIVE (DSE)*

**Major Elective -2: Counselling** **Credits 04(Full Marks: 75)**

**MJ Elective -2T: Counselling (Theory)** **Credits 04**

**COURSE OBJECTIVES**:

1. To learn and practice essential skills such as active listening, empathy, and reflection.
2. To study the different theories that underpin counselling practices and techniques.
3. To learn about emerging areas in counselling and the ethical considerations of the field.

**COURSE OUTCOMES:**

Explain the meaning and types of counselling. This will demonstrate the basic counselling skills in real life situations. Further they will be equipped to handle individual, family and group sensitively while maintaining professional ethics. Analyse ethical issues with professional responsibility and accountability.

**Course Content**

| Unit No | Unit Title | Activities |
|---|---|---|
| **1.** | Foundations of Counselling | Concept & definition of counselling, guidance, psychotherapy – differences & relationships. |
| **2** | Counselling Process | Stages of counselling, Principles & Ethics of counselling. Qualities & skills of a counsellor. |
| **3** | Techniques & tools of counselling | Interviewing techniques, Individual & Group Counselling, Recording & documentation. |
| **4** | Counselling in different settings / Types of counselling | Mental Health Counselling, Family & Marital Counselling, Career Counselling, Rehabilitation Counselling, Grief Counselling, Substance Abuse Counselling. |

**Suggested Reading:**


1. Antony D John, (2005). Emotions in counseling, Anugraha Publications, Tamilnadu Antony D John, (2005). Self psychology, Anugraha Publications, Tamilnadu
2. Antony D John, (2006): Mental disorders encountered in counseling, Anugraha Publications Tamilnadu
3. Antony D John, (2005). Family Counselling, Anugraha, Publications Tamilnadu
4. Antony, D. John, (2003). Skills of Counselling, Anugraha Publication, Tamilnadu
5. Berne Eric, (1964). Game people play, New York: Grove Press
6. Burke, F. Joseph (1989). Contemporary approaches to Psychotherapy & Counselling California: Brooke/Cole Publishing Co.
7. Capuzzi, David (1999). Counselling and Psychotherapies Columbia: Merril Prentice Hall, London, Steel




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8. Capuzzi, David, (1999). Counselling and Psychotherapies Columbia: Merril Prentice Hall, London, Steel Carkuff
9. R.R. & Bereason, (1977). Beyond counseling and therapy, Merril Prentice Hall, London Steel Carkuff
10. R.R. and Bereason, B.S, (1977). Beyond Counselling and Therapy, New York, London: Hot
11. Rinchart & Winston Chaturvedi, Ramesh, (2005). Educational and Vocational guidance and counseling, Cresent Publications, Corporation, New Delhi
12. Coorey Gerald, (1977). Theory and Pactice of Counselling and Psychotherapy, Brooks: Cole V.S. New York
13. Coorey Gerald, (2000). Theory and practice of Group counselling Brooks: Cole V.S., New York
14. Corey, Gerald, (2000). Theory & Practice of Group Counselling, Brooks: Cole V.S., New York
15. Corey, Gerald, (1977). Theory and Practice of Counselling And Psychotherapy, Brooks: Cole V.S., New York
16. Dryden and Feltham, (1994). Developing counselor training, Sage Publications, London Steel.
17. Etherington Kim Bond, (2001). Counseling in Health Setting, Jessica Kingely, London Steel
18. Ewan gillon, (2007). Person centered counseling psychology, Sage Publications, New Delhi
19. Feltham, Colin and Horton, Ian, (2000). Handbook of Counselling & Psychotherapy Sage Publications, London Steel
20. Fuster T M, (1980). Personal counseling, Mumbai: St. Paul's Publications 28



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## *MINOR (MI)*

**MI-6: Study of Economics for Social Worker-II** **Credits 04(FM: 75)**

**MJ-6T: Study of Economics for Social Worker-II (Theory)** **Credits 04**

**COURSE OBJECTIVES**

1. Understand the theories and frameworks of development economics and their relevance to social work.
2. Analyse patterns of Indian economic development including poverty, inequality, and regional disparities.
3. Examine economic dimensions of gender, childhood, and vulnerability in the Indian context.
4. Explore the relationship between labour markets, mental health, and social well-being.
5. Evaluate fiscal, monetary, and social policy responses of the Government of India to socio-economic challenges.

**COURSE OUTCOME:**

Apply economic concepts to assess the socio-economic conditions of communities and client groups. Critically evaluate development policies and programmes from a social justice perspective. Demonstrate an understanding of budgeting, welfare expenditure, and social protection schemes. Integrate economic analysis into social work assessments, advocacy, and policy engagement.

**Course Content:**

| Unit No | Unit Title | Content |
|---|---|---|
| I | Development Economics: Foundations of Economic Development & Indian Economic Development | Conceptual foundations of development economics, distinguishing economic growth from holistic development, and exploring competing theoretical frameworks that have shaped development thinking globally.<br><br>Indian economic development within its historical, political, and social context — tracing the trajectory from colonial underdevelopment to post-independence planning, liberalisation, and contemporary challenges. |
| II | Economics of Women & Children<br>Gender Economics, Child Welfare & Vulnerable Groups | women's economic participation, the gender pay gap, unpaid care work, and the impact of economic structures on women's autonomy, with reference to feminist economic frameworks and Indian realities.<br><br>Investment in children as human capital, the economics of child labour, the cost of child marriage, and welfare interventions targeting children, scheduled castes, scheduled tribes, and persons with disabilities. |



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| | | |
|---|---|---|
| III | Labour Economics & Mental Health<br>Work, Livelihoods, Well-being & the Economics of Mental Health | Labour markets from both classical and heterodox perspectives, exploring wage determination, labour rights, unemployment, and the particular vulnerabilities of informal and migrant workers in India.<br><br>The economic burden of mental illness, the relationship between poverty and psychological distress, workplace mental health, and the economic case for investing in mental health services — with reference to India's mental health policy landscape. |
| IV | Policy Responses by Government of India<br>Fiscal Policy, Monetary Policy & Social Policy | Instruments of fiscal policy — government revenue, expenditure, and borrowing — and evaluates India's fiscal strategy with particular attention to social sector expenditure, subsidies, and the implications for welfare spending.<br><br>The role of the Reserve Bank of India and monetary policy instruments and critically examines their distributional impacts — particularly on credit access for the poor, inflation effects on vulnerable groups, and financial inclusion.<br><br>India's social policy architecture — constitutional commitments, key legislation, and flagship programmes — critically engaging with debates on universalism vs. targeting, adequacy of coverage, and implementation gaps. |

**Suggested Readings:**

**Core Texts:**


1. Sen, A. (1999). Development as Freedom. Oxford University Press.
2. Dreze, J. & Sen, A. (2013). An Uncertain Glory: India and its Contradictions. Allen Lane.
3. Misra, R.P. & Puri, V.K. (Latest Ed.). Indian Economy. Himalaya Publishing House.
4. Datt, R. & Sundharam, K.P.M. (Latest Ed.). Indian Economy. S. Chand.
5. Nussbaum, M. (2013). Creating Capabilities: The Human Development Approach. Harvard University Press.


**Additional References:**


1. WHO (2022). World Mental Health Report: Transforming Mental Health for All.
2. ILO Reports on Labour and Employment in India (latest editions).
3. Economic Survey of India (Ministry of Finance, GoI) — Annual.
4. NITI Aayog — National Multidimensional Poverty Index Reports.
5. Oxfam India — Inequality Reports (Survival of the Richest — India Supplement).
6. Planning Commission / NITI Aayog — Five Year Plan Documents (archival).


**Journals:**


1. Economic and Political Weekly (EPW)
2. Indian Journal of Social Work
3. Journal of Development Studies
4. World Development




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