VIDYASAGAR UNIVERSITY

Midnapore, West Bengal

PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF

BACHELOR OF ARTS WITH NSS

(MULTIDISCIPLINARY STUDIES)

3-YEAR UNDERGRADUATE PROGRAMME

(w.e.f. Academic Year 2023-2024)

Based on

Curriculum & Credit Framework for Undergraduate Programmes

(CCFUP), 2023& NEP, 2020

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VIDYASAGAR UNIVERSITY

BACHELOR OF ARTS IN SOCIAL SCIENCE with NATIONAL SERVICE SCHEME (NSS)

(*under CCFUP, 2023*)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks		
								CA	ESE	TOTAL
B.A. in Social Sciences with NSS	2nd	III	**SEMESTER-III**							
			Major-A2	NSSPMJ02	T: Management of NSS Programme in Society P: Practical ***(To be studied by students taken NSS as Discipline- A)***	4	3-0-1	15	60	75
			Major-A3	NSSPMJ03	T: Social work, Family, Community, Society & Youth P: Practical ***(To be studied by students taken NSS as Discipline- A)***	4	3-0-1	15	60	75
			SEC	SEC03	P: Institutional social responsibilities & Rural Development ***(To be taken Discipline C.)***	3	0-0-3	10	40	50
			AEC	AEC03	Communicative English-2 (***common for all programmes***)	2	2-0-0	10	40	50
			MDC	MDC03	Multidisciplinary Course-3 (***to be chosen from the list***)	3	3-0-0	10	40	50
			Minor-3 (Disc.-C3)	NSSMIN03	T: Social work, Society & Youth (To be studied by students taken NSS as Discipline- C)	4	3-1-0	15	60	75
					Semester-III Total	20				375
		IV	**SEMESTER-IV**							
			Major-B2		***To be decided*** ***(Same as Major–A2 for NSS taken as Discipline-B)***	4	3-0-1	15	60	75
			Major-B3		***To be decided*** ***(Same as Major–A3 for NSS taken as Discipline-B)***	4	3-0-1	15	60	75
			Major (Elective) -1	NSSMJE-01	***To be chosen from the options*** ***(To be studied by students taken NSS as Discipline- A)***	4	3-1-0	15	60	75
			AEC	AEC04	MIL-2 (***common for all programmes***)	2	2-0-0	10	40	50
			Minor -4 (Disc.-C4)	NSSMIN04	T: Value System & Gender Sensitivity ***(To be studied by students taken NSS as Discipline- C)***	4	3-0-1	15	60	75
			Summer Intern.	IA	Internship / Apprenticeship- **activities to be decided by the Colleges following the guidelines to be given later**	4	0-0-4	-	-	50
					Semester-IV Total	22				400
					TOTAL of YEAR-2	42	-	-	-	775

MJP = Major Programme (Multidisciplinary), MI = Minor, A/B = Choice of Major Discipline; C= Choice of Minor Discipline; SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language

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MAJOR (MJ)

Major A2/B2: Management of NSS Programme in Society **Credits 04; Full Marks: 75**

Major A2/B2T: Management of NSS Programme in Society **Credits 03**

Course contents:

Unit –I: Citizenship

a. Basic features of Constitution of India
b. Fundamental Rights and Duties
c. Human Rights, Human values and personality Development.
d. Consumer awareness and the legal rights of the consumer
e. RTI

Unit –II: Health, Hygiene and Sanitation

a. Definition needs and scope of health education.
b. Food and Nutrition.
c. Safe drinking water, water borne diseases and sanitation (Swachh Bharat Abhiyan)
d. National health programme.
e. Reproductive health.
f. Youth Health: Healthy lifestyles. HIV, AIDS, Drugs and substance abuse. Home nursing. First Aid

Unit – III: Youth Development Programme : Yoga and Sports

a. **Youth Development Programme in India**
National Youth Day. Youth Development Programme at the National level, State level and voluntary sector. Youth focused and Youth-led organizations
b. **Yoga and Sports**
History, philosophy and concept of yoga and sports. Different yoga traditions and their impacts. Yoga as a preventive, promotive and curative method. Yoga and sports as tools for healthy lifestyle.

Unit – IV: Environment Issues and Disaster management

a. Environment conservation, enrichment and sustainability.
b. Climate change.
c. Waste management.
d. Natural resource management (Rain water harvesting, energy conservation, waste land development, soil conservations and afforestation)
e. e. Energy conservation programme: concept of conservation - conventional and non- conventional energy.
f. f. Introduction to Disaster Management, Classification of disasters. Role of youth in Disaster Management.
g. Afforestation and tree plantation: Creation of tree consciousness among community. Prevention of soil erosion. Establishment of nurseries. Plantation of trees and preservation and upkeep of trees. Weed control, pest management and rodent control.

Unit –V: Methodology of conducting survey

a. Need for action oriented surveys in NSS
b. Identification and selection community problem for investigation
c. Methods of collecting information
d. Analysis of collected data and preparation of report
e. Application of survey findings in problem solving process

Major A2/B2P: Practical **Credit-01**

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a. First Aids

a. Principles of First aids. Importance of First Aids.
a. First aids for Snake bite, Burns, Drowning, Poisoning, Dog bite.

b. Social Activity

i) Tree plantation , ii) Blood Donation, iii) Participation in Social Awareness Programme, iv) Participation in Environment Awareness Programme, v) Participation in Health and Hygiene Awareness Programme, vi) Participation in awareness campaign programme on welfare schemes of the central and state government.

c. Campaigning Programme

Campaigning on awareness of i) Water harvesting techniques, ii) Soil conservation techniques, iii) Community health programme of central and state government , iv) Gender equality and women empowerment, v) Child health care programme , vi) Blood donors club, vii) AIDS awareness campaign, viii) Self-employment opportunities as per local needs and feasibility, ix) Animal health care programme Dairy and poultry farming, x) Total literacy, xi) Road safety, xii) Biogas and smock less chulah.

d. Field reports:

Students will be asked to submit a Field Report on any social Awareness Programme organized by the Institution.

e. Laboratory Note Book and Viva -voce

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Major A3/B3: Social work, Family, Community, Society & Youth Credits 04 Full Marks: 75

Major A3/B3T: Social work, Family, Community, Society & Youth Credits 03

Course contents:

Unit –I: Social Work

1. Social Work- History, philosophy, ideology. Social service and its need. Weaker sections of our society and their Needs.
2. Relationship of social work with social services, social welfare, social security & social reforms.
3. Family planning, HIV/AIDS: Causes & Prevention and contribution of Youth towards prevention of AIDS. Cancer, its causes and preventive measures. Drugs and substance abuse. Drug trafficking and crime.
4. Contribution of Youth towards social welfare. NGOs and their contribution to society.

Unit –II: Family, Community & Society

a. Concept of Family and society. Growing up in the family - dynamics and impact. Community (PRIs and other community-based organizations). Human Values-Concept & importance. Gender justice: concepts & needs. Old age problems and care. Impact of modernization on family: Definition, nature and effects of modernization.

b. Organisation of Family and Child Care: Philosophy of family and child Care programme. Nutrition: calories, protein and vitamin requirements of the child during development stages. Balanced diet. Nutrition education. Prevention of diseases caused by some deficiency. Common ailments of infancy and childhood, infectious diseases, immunization, booster doses. Role of Government and voluntary agencies in the development of Family and child care programme with special reference to: Integrated Child Development Service (ICDS), applied nutrition programme, mid-day meal programme, and special nutrition programme. Maternity and child care: Mother mental and physical health care during pregnancy and delivery. Child development from conception till maturity – role of parents. Peer groups, school community in socialization of the child health programme. Common ailments of infancy and child hood, infectious diseases, immunization, booster doses.

c. Population dynamics and family planning; Population problems, goals of family planning, methods of family planning, methods and media of communication in family planning. Population education and the role of NSS.

d. Prevention and control of communicable diseases: infectious diseases, mass communication and the role of NSS.

e. Community Mobilization: Mapping of Community Stakeholders. Designing the message in the context of the problem and the culture of the community. Identifying methods of Mobilization. Youth-Adult Partnership.

Unit – III: Society and youth

1. Definition and Profile of youth. Importance of youth for society. National youth policy. Other youth programme / schemes of GOI.
2. Current issues and social problems. Poverty, ill health, illiteracy, rapid population growth, youth employment and under employment. Nature of social deviance, delinquency and crime, beggary, corruption, adulteration hoarding, profiteering, dowry system, etc. Problems of physically and mentally handicapped. Problems of socially/ educationally backward communities' i.e. Schedule castes Schedule tribes and Denitrified Tribes. Problem resulting from regional on national catastrophes – draught, flood, etc.

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3. Youth leadership: Meaning and types of leadership. Qualities of good leaders; traits of leadership. Importance and role of youth leadership.
4. Social harmony, National Integration and youth: Indian History and culture. Role of youth in peace building and conflict resolution. Role of youth in Nation building.
5. Youth and Crime: Sociological and Psychological factors influencing Youth Crime. Peer mentoring in preventing crimes. Awareness about anti ragging. Cyber crime and its prevention. Juvenile Justice: concepts & needs.

Major A3/B3P: Practical **Credit-01**

1. Studies on Socio Economic status.

a) Visit to selected villages - gathering basic data on socio - economic status.
b) Visit to urban slum - gathering data on socio - economic status.
c) Visit to tourist places of Medinipur District and gathering data on socio economic status.

2. Days Observation:

NSS Day, Gandhi Jayanti, Ektadiwas, Womens Day, Yoga Day, World Youth Day, World Aids Day, Aranya Saptah and Biographic Inspirational Personalities : Swami Vivekananda, Derozio, Netaji Subhash chandra Bose, Rajnarayan Bose , Mother Teresa.

3. Field Reports:

a. Students will be asked to submit a Field Reports on any Environment/Health Awareness Programme organized by the Institution.
b. Students will submit a field report based on participation in NSS visit of nearby places of tourist/ historical importance and campaign on cleanliness and preservation organized by the institution.

4. Project Work: Preparation of a Project Report on topics taught in this paper.

5. Laboratory Note Book: Students will be required to maintain records of all works done in connection with the topics taught in this paper.

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Major Elective (MJE)-01: Health and Education Program **Credits 04 Full Marks: 75**

Major Elective (MJE)-01T: Health and Education Program **Credits 04**

Course contents:

UNIT-1: First aid, Emergency and transportation of casualties:

1. First Aid - Definition, importance and objectives. General rules of First aid. Principles of First aid. Characteristics of First aider**.** First Aid Box.
2. Life saving work - concept**.** Methods of transferring patients. Definition, types and treatment of wound**.** Bleeding, types of bleeding and pressure points of blood. Checking of Circulation of blood, Control of bleeding: Nose bleeding, Ear bleeding and management of different types of fractures. Opening of air passage, checking of breathing, commencement of ERC, giving artificial respiration.
3. Dressing – its rules. Bandage – types and methods of bandaging. Fracture, joint sprain, joint dislocation – identification and first treatment. Management of different types of fractures.
4. Poison- effects and its treatment. Burns and scalds and it first treatment. Sun-stroke and its first treatment. Heart attack , Stroke, fainting, shock, unconsciousness, hysteria - reasons and First aid treatment. First aid in diabetes and unconsciousness. First aid for dog and snake bite.
5. Disaster management: Definitions and Types. State level Disaster Management Authority: Introduction, Constitution and Function

UNIT-2: Blood, eyes, organs and body donation awareness programs

1. Blood donation awareness programme
2. Eye donation awareness programme
3. Organs donation awareness programme
4. Body donation awareness programme
5. Self-awareness

UNIT-3: AIDS/HIV/Stress management through group discussion

1. AIDS/HIV awareness programme
2. Stress management programme
3. Value education
4. Safety measures: General Discussion

UNIT-4: Awareness program in community and Education Institutions

1. Road safety programme
2. Food safety programme
3. Cyber safety programme
4. Substrate abuse safety programme
5. Drugs safety programme

OR

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Major Elective (MJE)-01: Value System & Gender Sensitivity **Credits 04 Full Marks: 75**

Major Elective (MJE)-01T: Value System & Gender Sensitivity **Credits 03**

Course contents:

Unit –I: Value System

1. Meaning of Values, Types of Values.
2. Human Values & Social Responsibilities.
3. Indian Value System – the Concepts and its Features.
4. Eleven Vows.

Unit – II: Gender Sensitivity and Women

1. Concept of Gender.
2. Causes behind Gender related problems and remedial measures.
3. Women and Human Rights

Unit – III: Women Empowerment

1. The Structures and Functions of Patriarchy
2. Meaning of Woman Empowerment.
3. Women and Economic Opportunities
4. Women and Political Participation in India – With special reference to 73rd and 74th Constitutional Amendments

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MINOR (MI)

Minor-3/ C3: Social work, Society & Youth **Credits 04 Full Marks: 75**

MI-3/ C3T: Social work, Society & Youth **Credits 04**

Course contents:

Unit –I: Social Work

1. Social Work- History, philosophy, ideology. Social service and its need. Weaker sections of our society and their Needs.
2. Relationship of social work with social services, social welfare, social security & social reforms.
3. Family planning, HIV/AIDS: Causes & Prevention and contribution of Youth towards prevention of AIDS. Cancer, its causes and preventive measures. Drugs and substance abuse. Drug trafficking and crime.
4. Contribution of Youth towards social welfare. NGOs and their contribution to society.

Unit –II: Society and youth

1. Definition and Profile of youth. Importance of youth for society. National youth policy. Other youth programme / schemes of GOI.
2. Current issues and social problems. Poverty, ill health, illiteracy, rapid population growth, youth employment and under employment. Nature of social deviance, delinquency and crime, beggary, corruption, adulteration hoarding, profiteering, dowry system, etc. Problems of physically and mentally handicapped. Problems of socially/ educationally backward communities' i.e. Schedule castes Schedule tribes and Denitrified Tribes. Problem resulting from regional on national catastrophes – draught, flood, etc.
3. Youth leadership: Meaning and types of leadership. Qualities of good leaders; traits of leadership. Importance and role of youth leadership.
4. Social harmony, National Integration and youth: Indian History and culture. Role of youth in peace building and conflict resolution. Role of youth in Nation building.
5. Youth and Crime: Sociological and Psychological factors influencing Youth Crime. Peer mentoring in preventing crimes. Awareness about anti ragging. Cybercrime and its prevention. Juvenile Justice: concepts & needs.

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Minor -4/C-4: Value System & Gender Sensitivity **Credits 04 Full Marks: 75**

MI-4/C-4T: Value System & Gender Sensitivity **Credits 04**

Course contents:

Unit –I: Value System

1. Meaning of Values, Types of Values.
2. Human Values & Social Responsibilities.
3. Indian Value System – the Concepts and its Features.
4. Eleven Vows.

Unit – II: Gender Sensitivity and Women

1. Concept of Gender.
2. Causes behind Gender related problems and remedial measures.
3. Women and Human Rights

Unit – III: Women Empowerment

1. The Structures and Functions of Patriarchy
2. Meaning of Woman Empowerment.
3. Women and Economic Opportunities
4. Women and Political Participation in India – With special reference to 73rd and 74th Constitutional Amendments

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SKILL ENHANCEMENT COURSE (SEC)

SEC 3: Institutional social responsibilities & Rural Development **Credits 03**

SEC3P: News reporting on social perspective **Full Marks: 50**

Course Outline:

Unit -1: Concept and functioning- appreciation of rural society

Rural life style, rural values with respect to nature, community participation, rural infrastructure.

Unit- 2: Understanding rural livelihood

Agriculture and farming, water management, non-farming livelihood and artisans, rural market.

Unit -3: Rural Institutions

Traditional rural organizations, SHGs, Panchayati Raj institutions (Gram Sabha, Gram Panchayat), Local Administration.

Unit - 5: Social Responsibilities in Rural Life

- Responsibilities towards poverty alleviation.
- .Responsibilities for eradication of illiteracy and unemployment.
- Responsibilities towards maintenance of health and hygiene of children, women & elderly.
- Responsibilities towards women empowerment.
- Responsibilities to abolish gender inequality and domestic as well as social violence.

Application: Reporting of a news in local daily/ Radio on a urgent social issue

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