VIDYASAGA RUNIVERSITY

Midnapore, West Bengal

PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF

BACHELOR OF SOCIAL WORK -BSW

(HONOURS)

4-YEAR UNDERGRADUATE PROGRAMME

(w.e.f. Academic Year 2023-2024)

Based on

Curriculum & Credit Framework for Undergraduate Programmes

(CCFUP), 2023& NEP, 2020

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VIDYASAGAR UNIVERSITY
BACHELOR OF SOCIAL WORK- BSW (HONOURS)
(under CCFUP, 2023)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks		
								CA	ESE	TOTAL
BSW. (Hons.)	2nd	III	SEMESTER-III							
			Major-3	BSWHMJ03	T: Method of Social Work-Case Work	4	3-1-0	15	60	75
			Major-4	BSWHMJ04	T: Method of Social Work: Group Work	4	3-1-0	15	60	75
			SEC	BSWSEC03	P: Social Field Work (Practical)	3	0-0-3	10	40	50
			AEC	AEC03	Communicative English -2 (***common for all programmes***)	2	2-0-0	10	40	50
			MDC	MDC03	Multidisciplinary Course -3 (***to be chosen from the list***)	3	3-0-0	10	40	50
			Minor-3	BSWMIN03	T: Social Psychology	4	3-0-1	15	60	75
					Semester-III Total	20				375
		IV	SEMESTER-IV							
			Major-5	BSWHMJ05	T: Method of Social Work-Community Organization	4	3-1-0	15	60	75
			Major-6	BSWHMJ06	T: Social Work Field Practicum	4	3-1-0	15	60	75
			Major-7	BSWHMJ07	T: Social Issues and Problems-1	4	3-1-0	15	60	75
			AEC	AEC04	MIL-2 (***common for all programmes***)	2	2-0-0	10	40	50
			Minor-4	BSWMIN04	T: Medical & Psychiatric Social Work	4	3-0-1	15	60	75
			Summer Intern.	INT	Internship/ Apprenticeship - activities to be decided by the Colleges following the guidelines	4	0-0-4	-	-	50
					Semester-IV Total	22				400
					TOTAL of YEAR-2	42				775

MJ = Major, MI = Minor Course, SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language

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MAJOR (MJ)

MJ-3: Method of Social Work-Case Work **Credits 04(FM: 75)**

MJ-3T: Method of Social Work-Case Work **Credits 03**

Unit No	Unit Title	Content
I	Introduction to Social Case Work	Concept, Definition, Objectives, Values, Assumptions and Principles of Social Case Work. History of Social Case Work in UK, USA and in India. Indigenization of social casework-concept.
II	Elements and Process of Social Case Work	Four Ps, Intake, Study, Diagnosis, Treatment (Intervention), Termination, Evaluation and follow-up.
III	Tools, Skills and Techniques of Social Case Work	Listening, Observation, Interview, Home Visit, Professional Relationship (service -user & service provider), Helping Techniques and Skills required to be a Professional Social Case-worker
IV	Record Keeping and Communication	Meaning, concept, definition, types, role and importance of record keeping, Characteristics of good Record-keeping. Concept of Communication in Social Case Work. Types of Communication
V	Settings of Social Case Work	Family, Educational, Medical, Industrial and Correctional settings, Role of Social Case Worker

Suggested Reading:

1. Theory and Practice of Social Case Work - Gordon Hamilton, Rawat Publication, Jaipur.
2. An Introduction to Social Case Work - Grace Mathew, TISS, Mumbai
3. Social Case Work - Hellen Harrish Perlman, Rawat Publication, Jaipur.
4. Social Case Work - R. K. Upadhyaya, Rawat Publication, Jaipur
5. Relational Social Work - Fabio Folgheraiter, Jessica Ingsley, London N1, 9JB,

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MJ-4: Method of Social Work: Group Work **Credits 04 (FM: 75)**

MJ-4T: Method of Social Work: Group Work **Credits 04**

Unit No	Unit Title	Content
I	Introduction to social group work	Concept of group and social group work. Definition, characteristics, types of Groups, Importance of Groups, Definition, objectives, values and principles of Social Group Work. Basic group work models.
II	Group Work Process	Group work Process, Stages of Group development, Tools, Techniques and Skills of Group Worker, Role of Social Group Worker
III	Leadership and Programe Planning in Group Work	Program Planning- Objectives, Identification of needs, principles and role of group worker in programe planning. Concept of leader and leadership. Types and role of a group leader.
IV	Record Keeping	Meaning, concept, definition, types, role and importance of record keeping, Characteristics of good Record-keeping. Supervision in social group work.
V	Settings of Social Group Work	Family, Educational, Medical, Industrial and Correctional settings, Role of Social Group Worker

Suggested Reading:

1. Group Work - H. Y. Siddiqui, Rawat Publication, Jaipur, Rajasthan
2. Essential Group Work - Mark Doel and Catherine Sowdom, Jessica Kingsley Publisher, London NI, 9JB, UK
3. Social Group Work: Principles and Practices. H.B. Trecker. (1955). Association Press, New York.
4. Group Participation: Techniques for Leaders and Members. H.J. Bertcher. (1979). Sage Publications, California.
5. Social Work with Groups. C.H. Zastrow. (2010). Cenngage Publications, New Delhi.

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MJ-5: Method of Social Work-Community Organization **Credits 04(FM: 75)**

MJ-5T: Method of Social Work-Community Organization **Credits 04**

Course Content

Unit No	Unit Title	Content
I	Understanding Community	Concept and Perspective of Community, types of community, Geographical and Functional Community, Functions of Community
II	Community Organization as a Practice	Meaning, definition, objectives, of Community Organization, Principles of Community Organization, Process of Community Organization (Steps and applications). Community organization as a method of social work practice.
III	Historical Development of Community Organization	Historical Development of Community Organization in UK, USA and in India, Relation between Community Organization and Community Development
IV	Strategies in Community Organization	Importance of People's Participation, Objectives, steps, importance and principles of Program Planning in Community Organization. Skills and Roles of a Community Organizer (Guide, Communicator, Enabler, Expert, Counsellor, Animator, Collaborator, Consultant, Innovator, Motivator, Catalyst, Advocate, Facilitator, Mediator, Educator)

Suggested Reading:

1. Community Organization. Murray G. Ross. (1958)
2. Community Organization in India. K. D. Gangrade. (1971), Popular Prakashan, Mumbai.
3. Community Organization. Dr. (Prof.) Banmala
4. People's Participation and Voluntary Action Discussions, Roles and Strategies. Kranti Rana. (2001). Kanishka Publishers, New Delhi.
5. Working with Communities - An Introduction to Community Work, H. Y. Siddique,

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MJ-6: Social Work Field Practicum **Credits 04(FM: 75)**

MJ-6T: Social Work Field Practicum **Credits 04**

Course Content

Unit No	Unit Title	Content
I	Introduction to Social Work Field	Concept of Field Work, Objectives of Field Work, Contents of Field Work, Types and Common Techniques and Tools of Field Work , Professional Associations of Social Work in India
II	Areas of Field Work	Primary and Secondary Methods of Social Works (need assessment, participating in awareness or outreach programs, observing and participating in administrative processes, conducting surveys and home visits, organizing events and campaigns). Field Work Placement, Supervision and Guidance.
III	Field Work on Emerging Trends	Major Challenges for Student's Perspectives on Field Work and Emerging Trends, Educator's Perspectives on Field Work.
IV	Instrument Development in Field Work	Preparing Schedule, Case Study, IEC Material, TLM, PPT Presentation Audio-Visual Presentation, Reporting.

Suggested Reading:

1. Fieldwork Training in Social Work. I.S. Subhedar (2001). Rawat Publications, Jaipur and New Delhi
2. Fieldwork in Social Work. Sanjoy Roy. (2012). Rawat Publications, Jaipur and New Delhi
3. Fieldwork Training in Social Work. W.R. Mujawar, N.K. Sardar. (2010). Manglam Publications, Delhi
4. Handbook of Social Work. S.C. Joshi. First Publications. (2004). Akansha Publishing House, New Delhi.
5. Social Work Education and Field Instructions, Centre for Social Research and Development, Pune.

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MJ-7: Social Issues and Problems-1 **Credits 04(FM: 75)**

MJ-7T: Social Issues and Problems-1 **Credits 04**

Course Content

Unit No	Unit Title	Content
I	Introduction to Social Problems	Definitions of Social Problems, Characteristics of Social Problems, Criteria to determine Social Problems Concept & Types of Social Disorganization
II	Problems of Family and Marriage	Family and Typological issues, Family Violence, Dowry, Issues of widowhood/Single Mother. Role of Social Workers.
III	Problems of Industrialization and Urbanization	Impact of Modernization on Families. Causes and Effects of Poverty, Population-Explosion, Unemployment, Urban Slums. Role of Social Workers
IV	Racial Problems	Racism, Casteism, Communalism, Regionalism and Religious Bigotry. Role of Social Workers

Suggested Reading:

1. Social Problems in India. Ram Ahuja. 2nd Edition. (2007). Rawat Publications.
2. Indian Social Problems. Vol. I & II. G.R. Madan. (2005). Allied Publishers Pvt. Ltd. New Delhi.
3. Social Problems of Contemporary India. Rajendra Pandey
4. Social Disorganization. M.A. Eliott & F. E. Merril. (1961). Harper & Brothers. New York.
5. India's Population Problems. S. N. Agrawal.

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MINOR (MI)

MI – 3: Social Psychology **Credits 04(FM: 75)**

MI – 3T: Social Psychology **Credits 04**

Course contents:

Unit No	Unit Title	Content
I	Introduction to Social Psychology	Definition of Psychology, Relation of Psychology with Social Work, Concept, Nature of Social Psychology
II	Psychological and Social Aspects in Human Behaviour	Nature and Types of Motivation, Conflict and Stress, Emotions, Theory of Learning
III	Personality	Concept and determinants of Personality, Psychodynamic theory of Freud and Erikson,
IV	Human Growth	Concept and Principles, Stages of Human Growth, Factors affecting Human Growth
V	Group Behaviour	Audience, Crowd, Mob, Public Opinion and Propaganda, Social Prejudices, Communication and Persuasion

Suggested Reading:

1. Introduction to Psychology, Clifford T Morgan, Richard A. King, J. R. Weisz and John Schopler, Seventh Edition. (1988) Tata Mc Graw Hill Publishing Company Ltd., New Delhi.
2. Human Growth and Development: A Psycho-social Introduction, Chris Bcoket, 2002, Saga, London.
3. Social Psychology, Understanding Human Interaction, Robert A Baronand Donna Byrne, 1991.
4. Young Children's Personal, Social and Emotional Development, 2nd Edition, Marion Dowling, 2005, Saga, London.
5. Young Children's Behaviour: Practical Approaches for Caregivers and Teachers, Luise Porter, 2003, Saga, London.

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MI – 4: Medical & Psychiatric Social Work **Credits 04(FM: 75)**

MI – 4T Medical & Psychiatric Social Work **Credits 04**

Course contents:

Unit No	Unit Title	Content
I	Introduction to Health &Hygiene	Concept of Health and Hygiene, Concept of Community Health. Classification of Diseases-Communicable and Non-Communicable and Life Style related Diseases, Symptoms and Prevention.
III	Health Programmes in India	National Health Programmes, Role of ICDS, ANM, ASHA, USHA and Social Worker in Health Setting
IV	Psychiatric Social Work	Concept and scope of Psychiatric Social Work, Meaning and Characteristics of Normal and Abnormal behaviour, Types of Mental Disorder such as Psychoses, Neuroses and Stress Related disorders
VI	Mental Health Programmes	National Mental Health Programme in India, Role of Social Worker.

Suggested Reading:

1. Sociology of Health. Akram Mohammad. Jaipur Rawat Publications.
2. Health Information of India, 2005, Ministry of Health and Family Welfare, Govt. of India, CBHI, New Delhi.
3. Social Work and Community Health. S.B. Desai & Bharti Joshi. (2012). Alfa Publications. New Delhi.
4. Abnormal Psychology: An Integrative Approach. D.H. Barlow and V.M. Durand. 2nd Edition. (2002). Thomson Asia Pvt. Ltd., New York.
5. Psychiatry. M. Gelder, R. Mayou, J. Geddes. (1999). Oxford University Press, Oxford.

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SKILL ENHANCEMENT COURSE (SEC)

SEC 3: Social Field Work **Credits 03(FM: 50)**

SEC 3P: Social Field Work (Practical) **Credits 03**

Course Outline:

Unit No	Unit Title	Content
I	Village /Urban Profile	Demography of the Village/Urban, Natural resources of the Village/Urban, Survey of community system, total population of village/Urban (Gender, Child, Adults).
II	Visit & Study by Student Social Worker.	All the Govt. institutions like schools, ICDS health Centre etc. All Non Govt. Institutions like, Clubs, Self-help group, Caste, Religion, Contact with resource persons.
III	Social Case Work	Study at least Two Case- Alcoholic, Substance Abuse, Domestic Violence, Financial Problems, Any health Related Problems, School Dropout etc.
IV	Social Group Work	Children's group organise various Sports activities and Cultural program.
V	Community Organization	Organised at least one Community Program, Facilitating Self-help group and Support system.

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INTERNSHIP/APPRENTICESHIP (INT)

Credit-04 Marks: 50 **(120 hours, 8 weeks)**

Course Objectives:

The basic objectives of summer internship for the students of social work are to provide:

1. Practical experience and skill development
2. Bridging the gap between academic knowledge into the real-world practice
3. Professional development and carrier advancement.

Course Outcome:

This course intense to help them to explore the diverse social work roles and build relationship with in the field and prepare them for their future careers.

Guideline for Internship/Apprenticeship

Students will undertake **one month (120 hrs.)** internship/apprenticeship **to be conducted in Fields of Social Work** as instructed by the Course Coordinator(s). A brief report will be prepared about the activities with geo tag images. A certificate from the visiting institution will be attached in the report.

Internship guidelines / components are to be followed by the participating institute/ organization/ agency:

Theme	Activities
Fieldwork and Observation	Participation in direct service delivery system- case management, counselling services, group activity, and community organization.
Assessment and Evaluation	Learning to assess client needs, develop intervention plans, report writing and evaluate the effectiveness of services.
Practical Skills Development	Focusing on development of practical skills such as professional communication, interpersonal relationship and rapport-building, problem solving, adoptability, resilience and conflict resolution. Enhancement of analytical observation.
Community Engagement:	Need identification, addressing social inequalities, building partnership with CBOs, participation in community outreach and advocacy activities and promoting social change.

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