

# **VIDYASAGAR UNIVERSITY**

## **Paschim Midnapore, West Bengal**



***PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF***

---

**BACHELOR OF ARTS (HONOURS)**

**MAJOR IN PHILOSOPHY**

---

**4-YEAR UNDERGRADUATE PROGRAMME**  
*(w.e.f. Academic Year 2023-2024)*

*Based on*  
**Curriculum & Credit Framework for Undergraduate Programmes**  
**(CCFUP), 2023 & NEP, 2020**

---

**VIDYASAGAR UNIVERSITY, PASCHIM MIDNAPORE, WEST BENGAL**

**VIDYASAGAR UNIVERSITY**  
**BACHELOR OF ARTS (HONOURS) MAJOR IN PHILOSOPHY**  
(under CCFUP, 2023)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks				
								CA	ESE	TOTAL		
<b>SEMESTER-III</b>												
BA (Hons.)	2 <sup>nd</sup>	III	Major-3	PHIHMJ03	T: Indian Philosophy – II	4	3-1-0	15	60	75		
			Major-4	PHIHMJ04	T: Western Philosophy – II	4	3-1-0	15	60	75		
			SEC	PHISSEC03	P: Philosophical Counseling (Practical)	3	0-0-3	10	40	50		
			AEC	AEC03	Communicative English -2 ( <i>common for all programmes</i> )	2	2-0-0	10	40	50		
			MDC	MDC03	Multidisciplinary Course -3 ( <i>to be chosen from the list</i> )	3	3-0-0	10	40	50		
			Minor -3 (Disc.-I)	PHIMIN03	T: Nyāya Metaphysics	4	3-1-0	15	60	75		
<b>Semester-III Total</b>						<b>20</b>				<b>375</b>		
<b>SEMESTER-IV</b>												
BA (Hons.)	2 <sup>nd</sup>	IV	Major-5	PHIHMJ05	T: Psychology and Philosophy of Mind	4	3-1-0	15	60	75		
			Major-6	PHIHMJ06	T: Social Philosophy	4	3-1-0	15	60	75		
			Major-7	PHIHMJ07	T: Western Logic -I	4	3-1-0	15	60	75		
			AEC	AEC04	MIL-2 ( <i>common for all programmes</i> )	2	2-0-0	10	40	50		
			Minor-4 (Disc.-II)	PHIMIN04	T: Theory of Inference in Nyāya	4	3-1-0	15	60	75		
			Internship/ Apprent.	INT	Internship/ Apprenticeship - activities to be decided by the Colleges following the guidelines to be given later	4	0-0-4	-	-	50		
<b>Semester-IV Total</b>						<b>22</b>				<b>400</b>		
<b>TOTAL of YEAR-2</b>						<b>42</b>				<b>775</b>		

MJ = Major, MI = Minor Course, SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language,

## MAJOR (MJ)

**MJ-3: Indian Philosophy – II**

**Credits 04 (Full Marks: 75)**

**MJ-3T: Indian Philosophy – II**

**[Theory: 60 lectures]**

### **Course contents:**

1. **Sāmkhya** - Satkāryavāda, Nature of Prakṛti, its constituents and proofs for its existence. Nature of Puruṣa and proofs for its existence, Plurality of Puruṣas, theory of evolution.
2. **Yoga** - Citta, Cittavṛtti, Cittabhūmi. Eight fold path of Yoga, God.
3. **Mīmāṃsā (Prābhakara and Bhāṭṭa)**: Basic concepts of Veda, dharma, Yoga, apurva, method of Veda pramanya vicara, Arthāpatti and Anupalabdhi as sources of knowledge
4. **Advaita Vedānta** - Sankara's view of Brahman, Saguṇa and Nirguṇa Brahman, Three grades of Sattā: prātibhāsika, vyavahārika and pāramārthika, Jīva, Jagat and Māyā.
5. **Viśistādvaita** - Rāmānuja's view of Brahman, Jīva, Jagat. Refutation of the doctrine of Māyā.

### **Suggested Readings:**

#### **English:**

1. Outlines of Indian Philosophy: M. Hiriyanna
2. A Critical Survey of Indian Philosophy: C.D. Sharma
3. An Introduction to Indian Philosophy: D. M. Dutta & S.C. Chatterjee
4. Classical Indian Philosophy: J.N. Mohanty
5. History of Indian Philosophy: S.N. Dasgupta
6. Indian Philosophy (Vol. I & II): S. Radhakrishnan
7. Indian Philosophy (Vol. I & II): J.N. Sinha
8. Six Ways of Knowing: D.M. Dutta
9. The Doctrine of Maya: A.K. Roychoudhuri
10. Self and Falsity in Advaita Vedanta: A.K. Roychoudhuri
11. The Word and the world: Bimal Krishna Matilal
12. Logic, Language and Reality: Bimal Krishna Matilal
13. Arthasamgraha: Lougakshibhaskar: Gajendra Gadkar

#### **Bengali:**

1. Bharatiya Darshan: Debabrata Sen
2. Bharatiya Darshan: Nirodbaran Chakraborty
3. Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti
4. Lokayata Darshan: Debiprasad Chatoopadhyay
5. Carvakacarca: Ramakrisna Bhattacharya
6. Carvaka Darshan: Panchanan Sastri
7. Carvaka Darshan: Amit Kumar Bhattacharya

8. Bauddha Dharma o Darshan: Swami Vidyaranya
9. Bauddha Darshan: Panchanan Sastri
10. Gautama Buddher Darshan o Dharma: Sukomol Choudhury
11. Bauddha Darshan: Amit Kumar Bhattacharya
12. Ksanabhangavada: Bidhubhusan Bhattacharya
13. Jainadarshaner Digidarshan: Satindra Chandra Bhattacharya
14. Nyaya Darshan: Phanibhushan Tarkavagisha
15. Nyaya Paricaya: Phanibhushan Tarkavagisha
16. Nyaya-Vaisesika Darshan: Karuna Bhattacharya
17. Nyaya Tattva Parikrama: Kalikrishna Bandyopadhyaya
18. Samkhya Darshan: Bhupendranath Bhattacharya
19. Samkhya Darshaner Vivarana: Bidhubhushan Bhattacharya
20. Samkhyamata Samiksa: Yogendranath Bagchi
21. Samkhya Tattva Kaumudi: Narayan Chandra Goswami
22. Samkhya-Patanjal Darshan: Kanakprabha Bandyopadhyaya
23. Patanjali Darshan: Purnachandra Vedantachanchu
24. Puva Mimasa Darshan: Sukhamaya Bhattacharya
25. Vedanta Darshan: Roma Choudhury
26. Vedanta Darshan: Advaitavada: Ashutosh Sastri
27. Mayavada: Pramatha Nath Tarkabhushan
28. Vedanta Darshan: Swami Vidyaranya

**MJ-4: Western Philosophy – II**

**Credits 04 (Full Marks: 75)**

**MJ-4T: Western Philosophy – II**

**[Theory: 60 lectures]**

**Course contents:**

1. **Locke:** Refutation of innate ideas, the origin and formation of ideas, simple and complex ideas, substance, modes and relations, nature of knowledge and its degrees, limits of knowledge, primary and secondary qualities, representative realism.
2. **Berkeley:** Refutation of abstract ideas. Criticism of Locke's distinction between primary and secondary qualities, Idealism, esse-est-percipi, role of God.
3. **Hume:** Impression and ideas, association of ideas, distinction between judgements concerning relations of ideas and judgments concerning matters of fact, theory of causality, theory of self and personal identity, scepticism.

## **Suggested Readings:**

### **English:**

1. Encyclopedia of Philosophy: P. Edwards (ed.)
2. A History of Philosophy: F. Coppleston, vols. I, II, IV, V, VI
3. History of Western Philosophy: B. Russell
4. History of Modern Philosophy: R. Falckenberg
5. A Critical History of Modern Philosophy: Y.H. Masih
6. A History of Philosophy: F. Thilly
7. A History of Modern Philosophy: W.K. Wright
8. A Critical History of Western Philosophy: D.J. O'Connor
9. A History of Philosophy from Descartes to Wittgenstein: R. Scruton
10. The Fundamental Questions of Philosophy: A.C. Ewing
11. A Brief History of Western Philosophy: A. Kenny
12. The Rationalists: J. Cottingham
13. An Essay Concerning Human Understanding: J. Locke
14. John Locke: R. Aron
15. Berkeley: G. Pitcher
16. The Works of George Berkeley: T.E. Jessop & A.R. Luce(eds.) 8 vols
17. An Enquiry Concerning Human Understanding-D. Hume: J. N. Mohanty (ed)
18. A Treatise on Human Nature: D. Hume
19. Locke, Berkeley, Hume: J. Bennett
20. Locke, Berkeley, and Hume: C.R. Morris
21. A Critique of Pure Reason-Immanuel Kant: N.K. Smith(tr. & ed.)
22. Kant's Metaphysics of Experience: H.J. Paton vols I & II
23. The Philosophy of Kant: J. Kemp
24. Kant: Paul Guyer
25. A Handbook to Kant's Critique of Pure Reason: Rasvihari Das
26. Kant: S. Körner
27. Kant: Allen W. Wood
28. Lectures on Kant's Critique of Pure Reason: J.N. Mohanty

### **Bengali:**

1. Paschatya Darshaner Itihas: Tarak Candra Roy (pratham o dwitiya khanda)
2. Paschatya Darshaner Itihas: Kalyan Chandra Gupta
3. Paschatya Darshaner Itihas: Susanta Chakraborty
4. Paschatya Darshaner Itihas:Ikshanvada(Locke, Berkeley,Hume): Chandrodaya Bhattacharya
5. Paschatya Darshaner Itihas:(Locke, Berkeley,Hume): N.B. Chakraborty
6. Hume-er Enquiry-Ekti Upasthapana: Ramaprasad Das
7. Kanter Darshan-Tattva o Prayog: Prahlad Kumar Sarkar (ed.)
8. Kanter Darshan:Rasvihari Das
9. Kanter Shuddha Prajnar Bichar: Mrinal Kanti Bhadra
10. Bishuddha Prajnar Bichar: Gopal Chandra Khan

**MJ-5: Psychology and Philosophy of Mind**

**Credits 04 (Full Marks: 75)**

**MJ-5T: Psychology and Philosophy of Mind**

**[Theory: 60 lectures]**

**Course contents:**

1. Philosophy of Mind: Introduction
2. Mind-Body Problem, different solutions: Dualism, Behaviourism and Identity theory.
3. Psychology: Introduction
4. Methods of Psychology: Introspection, Extrospection, Experimental Methods
5. Sensation and Perception: Relation and Difference between sensation and perception. Gestalt theory of perception. Illusion and Hallucination
6. Consciousness: What is consciousness? and Problems of consciousness.
7. Levels of Mind – Conscious, Sub-conscious, Unconscious, Proofs for the existence of Unconscious, Freud's Theory of Dream.
8. Learning: the trial and error theory, Pavlov's Conditioned Response theory, Gestalt theory
9. Intelligence: Theories of Intelligence, Measurement of Intelligence( I.Q.), Test of Intelligence

**Suggested Readings:**

**English:**

1. A Textbook of Psychology: Paresh Nath Bhattacharya
2. Introduction to Psychology: G.T. Morgan, R. A. King Jr.
3. A Modern Introduction to Psychology: Rex Knight & M. Knight
4. A Manual of Psychology: G.F. Stout
5. Psychology: Woodworth & Marquis
6. Science and Human Behaviour: B.F. Skinner
7. About Behaviorism: B.F. Skinner
8. General Psychology: G.D. Boaz
9. General Psychology: G. Murphy
10. Psychology: W. James
11. A Textbook of Psychology: E.B. Titchener
12. Principles of Psychology: W. James
13. Introduction to Psychology: N.L. Muna
14. A Materialist Theory of Mind: D.M. Armstrong
15. Philosophy of Mind: J. Heil
16. Philosophy of Mind: J. Shaffer
17. An Introduction to Philosophy of Mind: C.J. Lowe
18. Ten Problems of Consciousness: Michael Tye

**Bengali:**

1. Monovidya: Priti Bhushan Chattopadhyay
2. Monovidya: Pareshnath Bhattacharya

3. Monovidya: Ira Sengupta
4. Monovidya: Samarendra Bhattacharya
5. Monosamikksha: M. N. Mitra o Pushpa Mishra
6. Monodarshan-Sarivada o Tar Vikalap: M. N. Mitra o P. Sarkar (Sampadito)
7. Monovijana Prasanga: Saradindu Bandyopadhyay
8. Adhunik Monovijana: Ira Sengupta
9. Shikhashrayi Monovidya: Sushil Roy
10. Monodarshan: Arabinda Basu o Nibedita Chakraborty

### **MJ-6: Social and Political Philosophy**

**Credits 04 (Full Marks: 75)**

### **MJ-6T: Social and Political Philosophy**

**[Theory: 60 lectures]**

#### **Course contents:**

- a) Nature and Scope of Socio-Political Philosophy.
- b) Primary concepts: Society, community, association, institution, family: nature, different forms of family, role of family in the society.
- c) Social Class and Caste: Principles of class and caste, Varnasrama dharma, Marxist conception of class, Ambedkar's concept of class.
- d) Secularism—its nature, Secularism in India.
- e) Social Change: Nature, Relation to Social progress, Marx-Engles on social change, Gandhi on social change.
- f) Political Ideals: nature of democracy and its different forms, direct and indirect democracy, liberal democracy, socialist democracy

#### **Suggested Readings:**

#### **English:**

1. Philosophy: A Guide through the subject: A.C. Grayling (Ed.)
2. Individuals: An Essay in Descriptive Metaphysics: P.F. Strawson
3. The Concept of Person and Other Essays: A.J. Ayer
4. Fundamentals of Sociology: P. Gisbert
5. Outlines of Social Philosophy: J.S. Mackenzie
6. Problems of Political Philosophy: D.D. Raphael
7. Society: R.M. MacIver & C.H. Page
8. Sociology: M. Ginsberg
9. Sociology: Tom Bottomore
10. Sociology: S.N. Shankar Rao
11. Sociology: D.C. Bhattacharya
12. Sociology: P.B. Kar
13. Guide to Modern Thought: C.E.M. Joad
14. Introduction to Modern Political Theory: C.E.M. Joad

15. The Evolution of Political Philosophy of Gandhi: Buddhadeb Bhattacharya
16. Social and Political Thought of Gandhi: Jayantanuja Bandyopadhyay
17. The Philosophy of Mahatma Gandhi: D.M. Dutta
18. The Philosophy of Sarvodaya: K.S. Bharathi
19. Communist Manifesto: Karl Marx & Frederick Engels
20. Socialism: Utopian and Scientific: F. Engels Ngv nnv
21. Open Society and Its Enemies: Karl Popper
22. The Open Philosophy and The Open Society: M. Cornforth
23. Religion in India: T.N. Madan(ed.)
24. Religion and Society: S. Radhakrishnan
25. Secularism in the Present Indian Society, Amal Kumar Mukhopadhyay in Bulletin of the Ramakrishna Mission Institute of Culture, Vol.LVII, No. 11
26. Secularism and Its Critics: Rajeev Bhargava (ed.)
27. Civil Society and Its Institutions: Andre Beteille
28. Unravelling the Nation:Sectarian Conflict and India's Secular Identity: Kaushik Basu &Sanjay Subramanyam (eds.)
29. India as A Secular State: D.E. Smith
30. Political Thought: C.L. Wayper
31. Political Philosophy:An Introduction: W.T. Blackstone
32. Political Philosophy:East and West: Krishna Roy
33. Political Philosophy: V.P. Verma
34. Essays in Social and Political Philosophy: Krishna Roy & Chhanda Gupta (eds.)
35. Western Political Thought: Brian R. Nelson
36. Western Political Thought: From Plato to Marx: Shefali Jha

**Bengali:**

1. Samaj Darshan Dipika: Pritibhushan Chattopadhyay
2. Samaj Tattva: Parimal Bhushan Kar
3. Samaj Tattva: T. Bottomore
4. Bisay Samaj Tattva: Anadi Kumar Mahapatra
5. Samajdarshan o Rashtadarshaner Parichoy: A.K. Mahapatra o P. Mukherjee
6. Rashtadarshaner Dhara: Amal kumar Mukhopadhyay
7. Samajdarshan o Rashtadarshan: Samarendra Bhattacharya
8. Samaj o Rajnaitikdarshan: Sandip Das
9. Samyabader Itihas: Marx o Engels
10. Samajtantra: Kalpanik o Baijnanik: F. Engels
11. Marxiya Rashtachinta: Shovan Lal Dutta Gupta
12. Sarvodaya Andoloner Itihas: Gurudas Bandyopadhyay
13. Gandhi Rachanasambhar: M.K. Gandhi
14. Bharater Dharmanirapekshatar Sankat, Bholanath Bandyopadhyay in Essays on Science and Society: Biplab Chakraborti
15. Dharmanirapekshata Birodh Istarah: Ashis Nandy.

**MJ-7: Western Logic –I**

**Credits 04 (Full Marks: 75)**

**MJ-7T: Western Logic –I**

**[Theory: 60 lectures]**

**Course contents:**

- a) Logic and Arguments, Deductive and Inductive Arguments, Argument forms and arguments, statement forms and statement, Truth and Validity. Categorical propositions and classes: quality, quantity and distribution of terms, Translating categorical propositions into standard form.
- b) Immediate inferences: Conversion, Obversion and Contraposition, Traditional square of opposition and Immediate Inferences based there on; Existential Import, symbolism and Diagrams for categorical propositions.
- c) Categorical Syllogism: Standard Form categorical Syllogism; The Formal nature of Syllogistic Argument, Rules and Fallacies, General Rules; To test Syllogistic Arguments for validity (by applying general rules for syllogism); To solve problems and prove theorems concerning syllogism.
- d) Boolean Interpretation of categorical propositions; Logic concerning immediate inference and syllogism; Venn Diagram Technique for Testing Syllogisms, Hypothetical and Disjunctive Syllogisms.
- e) Induction: Truth table: truth value of statement, validity of the logical forms, Argument by Analogy, Appraising Analogical Arguments, Refutation by Logical Analogy.
- f) Causal Connections: Cause and Effect, the meaning of “Cause”; Induction by Simple Enumeration; Mill’s Method of Experimental Inquiry; Mill’s Method of Agreement, Method of Difference, Joint Method of Agreement and Difference, Method of Residues, Method of Concomitant Variations; Criticism of Mill’s Methods, Vindication of Mill’s Methods.
- g) Science and Hypothesis: Explanations; Scientific and Unscientific, Evaluating Scientific Explanations; The pattern of Scientific Investigation; Crucial Experiments and Ad Hoc Hypotheses.

**Suggested Readings:**

**English:**

1. Philosophy: A Guide through the subject: A.C. Grayling (Ed.)
2. Individuals: An Essay in Descriptive Metaphysics: P.F. Strawson
3. The Concept of Person and Other Essays: A.J. Ayer
4. Fundamentals of Sociology: P. Gisbert
5. Outlines of Social Philosophy: J.S. Mackenzie
6. Problems of Political Philosophy: D.D. Raphael
7. Society: R.M. MacIver & C.H. Page
8. Sociology: M. Ginsberg
9. Sociology: Tom Bottomore

10. Sociology: S.N. Shankar Rao
11. Sociology: D.C. Bhattacharya
12. Sociology: P.B. Kar
13. Guide to Modern Thought: C.E.M. Joad
14. Introduction to Modern political Theory: C.E.M. Joad
15. The Evolution of Political Philosophy of Gandhi: Buddhadeb Bhattacharya
16. Social and Political Thought of Gandhi: Jayantanuja Bandyopadhyay
17. The Philosophy of Mahatma Gandhi: D.M. Dutta
18. The Philosophy of Sarvodaya: K.S. Bharathi
19. Communist Manifesto: Karl Marx & Frederick Engels
20. Socialism: Utopian and Scientific: F. Engels Ngv nnv
21. Open Society and Its Enemies: Karl Popper
22. The Open Philosophy and The Open Society: M. Cornforth
23. Religion in India: T.N. Madan(ed.)
24. Religion and Society: S. Radhakrishnan
25. Secularism in the Present Indian Society, Amal Kumar Mukhopadhyay in Bulletin of the Ramakrishna Mission Institute of Culture, Vol.LVII, No. 11
26. Secularism and Its Critics: Rajeev Bhargava (ed.)
27. Civil Society and Its Institutions: Andre Beteille
28. Unravelling the Nation: Sectarian Conflict and India's Secular Identity: Kaushik Basu & Sanjay Subramanyam (eds.)
29. India as A Secular State: D.E. Smith
30. Political Thought: C.L. Wayper
31. Political Philosophy: An Introduction: W.T. Blackstone
32. Political Philosophy: East and West: Krishna Roy
33. Political Philosophy: V.P. Verma
34. Essays in Social and Political Philosophy: Krishna Roy & Chhanda Gupta (eds.)
35. Western Political Thought: Brian R. Nelson
36. Western Political Thought: From Plato to Marx: Shefali Jha

**Bengali:**

1. Samaj Darshan Dipika: Pritibhushan Chattopadhyay
2. Samaj Tattva: Parimal Bhushan Kar
3. Samaj Tattva: T. Bottomore
4. Bisay Samaj Tattva: Anadi Kumar Mahapatra
5. Samajdarshan o Rashtradarshaner Parichoy: A.K. Mahapatra o P. Mukherjee
6. Rashtradarshaner Dhara: Amal Kumar Mukhopadhyay
7. Samajdarshan o Rashtradarshan: Samarendra Bhattacharya
8. Samaj o Rajnaitikdarshan: Sandip Das
9. Samyabader Itihas: Marx o Engels
10. Samajtantra: Kalpanik o Baijnanik: F. Engels
11. Marxiya Rashtrachinta: Shovan Lal Dutta Gupta
12. Sarvodaya Andoloner Itihas: Gurudas Bandyopadhyay
13. Gandhi Rachanasambhar: M.K. Gandhi
14. Bharater Dharmanirapekshatar Sankat, Bholanath Bandyopadhyay in Essays on Science and Society: Biplab Chakraborti
15. Dharmanirapekshata Birodh Istarah: Ashis Nandy.

## **MINOR (MI)**

**MI – 3: Nyāya Metaphysics**

**Credits 04 (Full Marks: 75)**

**MI – 3T: Nyāya Metaphysics**

**[Theory: 60 lectures]**

**Course contents:**

1. Relevance of the acceptance of God in Nyāya Philosophy.
2. Arguments in favour of the existence of God.
3. The Nyāya theory of Self.
4. Proof for the existence of Self.
5. Liberation of Self.
6. The Nyāya theory of Liberation.

**Suggested Readings:**

1. Udayanacaryakrita Nyāyakusumāñjali: Shyamapada Misra
2. Udayanacaryakrita Nyāyakusumāñjali: Srimohan Bhattacharya
3. Nyayatattvaparikrama: Kalikrishna Bandopadhyaya

**MI – 4: Theory of Inference in Nyāya**

**Credits 04 (Full Marks: 75)**

**MI – 4T: Theory of Inference in Nyāya**

**[Theory: 60 lectures]**

**Course contents:**

- a) Basic concepts of three terms of the inference or *anumāna* in Indian logic: *pakṣa*, *sādhya* and *hetu*. Definition of *anumāna*, *anumiti*, *parāmarśa* and *pakṣatā*. *Parāmarśa* as the *karana* (special causal condition) of *anumiti*.
- b) Definition of *vyāpti*, *Vyāptigrahopāya*. Kinds of *anumāna*: (i) *svārthānumāna* and *parārthānumāna*
- c) (ii) *pūrvavat*, *śeṣavat* and *sāmānyatodṛṣṭa* (iii) *kevalānvayī*, *kevala-vyātirekī* and *anvaya-vyātirekī*. Analysis of *pañcāvayavī nyāya*.
- d) *Liṅga* or *hetu* and its three kinds - *kevalānvayī*, *kevala-vyātirekī* and *anvaya-vyātirekī*. Definition of *pakṣa*, *sapakṣa* and *vipakṣa* with illustrations. Marks of *saddhetu*.
- e) Definition and illustration of *hetvābhāsa* and its five kinds.

### **Suggested Readings:**

1. *Nyāya Theory of Knowledge*: S.C. Chatterjee
2. *Six ways of Knowing*: D.M. Dutta
3. *Bhāṣāpariccheda* with *Siddhāntamuktāvalī*: Pancanan Shastri (ed.)
4. *Tarkasaṅgraha* with *Dipika*: Narayan Chandra Goswami (ed.)

### **SKILL ENHANCEMENT COURSE (SEC)**

<b>SEC 3: Philosophical Counseling</b>	<b>Credits 03</b>
<b>SEC3P: Philosophical Counseling</b>	<b>Full Marks: 50</b>

#### **Course Outline:**

- a) Philosophical counseling-its meaning and scope,
- b) History of Philosophical counseling,
- c) Qualities of counsellors,
- d) Basic skills of Counselling- Listening ( Definition of listening, hearing and listening, types of listening), Responding (Response of the counsellor) , Understanding ( Understanding of different practical issues),
- e) Philosophical counseling versus psychological counseling,
- f) Different approaches to Philosophical counseling ( Critical thinking approach, Wisdom approach, Existential approach)

#### **Assessment:**

- i. 5 Marks for Attendance and Class Participation
- ii. 10 Msarks quiz – in class
- iii. 20 Marks for written Report based on empathetic Reflection of one's experience.
- iv. 10 Marks for self assesment report of Philosophical Counselling (This is an individual assignment based on analysis of self in relation to philosophical knowledge learned through this course with respect to therapeutic experience it offers.)
- v. 5 marks for raising questions and taking part in discussion focusing of various social and moral issues.

#### **Suggested readings:**

1. Howard, Alex (2000)," Philosophy for Counselling and Psychotherapy". Palgrave Macmillan
2. Marinoff, Lou (2001), Philosophical Practice, San Diego: Academic Press. Reference Readings.
3. Corey, Gerald (2013)," Theory and Practice of Counselling and Psychotherapy 9th Edition". Brooks/Cole, Canada.
4. David Stewart, H.Gene Blocker, James Petrik (2013), "Fundamentals of Philosophy", Pearson, Newyork.
5. May, R.Angel,E., & Ellenberger, H.F.[Eds].(1958). "Existence: A new dimension in psychiatry and psychology". New York: Basic Books