VIDYASAGAR UNIVERSITY

Paschim Midnapore, West Bengal



PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF

BACHELOR OF ARTS (HONOURS) MAJOR IN PHILOSOPHY

4-YEAR UNDERGRADUATE PROGRAMME

(w.e.f. Academic Year 2023-2024)

Based on

Curriculum & Credit Framework for Undergraduate Programmes (CCFUP), 2023 & NEP, 2020

VIDYASAGAR UNIVERSITY BACHELOR OF ARTS (HONOURS) MAJOR IN PHILOSOPHY (under CCFUP, 2023)

Level	YR.	SEM	Course	Course Code	Course Title	Credit	L-T-P	Marks		
			Type					CA	ESE	TOTAL
BA (Hons.)	2 nd		SEMESTER-III							
		ш	Major-3	РНІНМЈ03	T: Indian Philosophy – II	4	3-1-0	15	60	75
			Major-4	PHIHMJ04	T: Western Philosophy – II	4	3-1-0	15	60	75
			SEC	PHISSEC03	P: Philosophical Counseling (Practical)	3	0-0-3	10	40	50
			AEC	AEC03	Communicative English -2 (common for all programmes)	2	2-0-0	10	40	50
			MDC	MDC03	Multidisciplinary Course -3 (to be chosen from the list)	3	3-0-0	10	40	50
			Minor -3 (DiscI)	PHIMIN03	T: Nyāya Metaphysics	4	3-1-0	15	60	75
					Semester-III Total	20				375
					SEMESTER-IV					
		IV	Major-5	РНІНМЈ05	T: Psychology and Philosophy of Mind	4	3-1-0	15	60	75
			Major-6	PHIHMJ06	T: Social Philosophy	4	3-1-0	15	60	75
			Major-7	PHIHMJ07	T: Western Logic -I	4	3-1-0	15	60	75
			AEC	AEC04	MIL-2 (common for all programmes)	2	2-0-0	10	40	50
			Minor-4	PHIMIN04	T: Theory of Inference in Nyāya	4	3-1-0	15	60	75
			(DiscII)							
			Internship/	INT	Internship/ Apprenticeship - activities to be decided by	4	0-0-4	-	-	50
			Apprent.		the Colleges following the guidelines to be given later					
					Semester-IV Total	22				400
					TOTAL of YEAR-2	42				775

MJ = Major, MI = Minor Course, SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language,

MAJOR (MJ)

MJ-3: Indian Philosophy – II Credits 04 (Full Marks: 75)

MJ-3T: Indian Philosophy – II [Theory: 60 lectures]

Course contents:

- 1. **Sāmkhya** Satkāryavāda, Nature of Prakṛti, its constituents and proofs for its existence. Nature of Puruṣa and proofs for its existence, Plurality of Puruṣas,theory of evolution.
- 2. **Yoga** Citta, Cittavṛtti, Cittabhūmi. Eight fold path of Yoga, God.
- 3. **Mīmāmsā (Prābhakara and Bhātta)**: Basic concepts of Veda, dharma, Yoga, apurva, method of Veda pramanya vicara, Arthāpatti and Anupalabdhi as sources of knowledge
- 4. **Advaita Vedānta** Sankara's view of Brahman, Saguņa and Nirguņa Brahman, Three grades of Sattā: prātibhāsika, vyavahārika and pāramārthika, Jīva, Jagat and Māyā.
- Viśistādvaita Rāmānuja's view of Brahman, Jīva, Jagat. Refutation of the doctrine of Māyā.

Suggested Readings:

English:

- 1. Outlines of Indian Philosophy: M. Hiriyanna
- 2. A Critical Survey of Indian Philosophy: C.D. Sharma
- 3. An Introduction to Indian Philosophy: D. M. Dutta & S.C. Chatterjee
- 4. Classical Indian Philosophy: J.N. Mohanty
- 5. History of Indian Philosophy: S.N. Dasgupta
- 6. Indian Philosophy (Vol. I & II): S. Radhakrishnan
- 7. Indian Philosophy (Vol. I & II): J.N. Sinha
- 8. Six Ways of Knowing: D.M. Dutta
- 9. The Doctrine of Maya: A.K. Roychoudhuri
- 10. Self and Falsity in Advaita Vedanta: A.K. Roychoudhuri
- 11. The Word and the world: Bimal Krishna Matilal
- 12. Logic, Language and Reality: Bimal Krishna Matilal
- 13. Arthasamgraha: Lougakshibhaskar: Gajendra Gadkar

- 1. Bharatiya Darshan: Debabrata Sen
- 2. Bharatiya Darshan: Nirodbaran Chakraborty
- 3. Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti
- 4. Lokayata Darshan: Debiprasad Chatoopadhyay
- 5. Carvakacarca: Ramakrisna Bhattacharya
- 6. Carvaka Darshan: Panchanan Sastri
- 7. Carvaka Darshan: Amit Kumar Bhattacharya

- 8. Bauddha Dharma o Darshan: Swami Vidyaranya
- 9. Bauddha Darshan: Panchanan Sastri
- 10. Gautama Buddher Darshan o Dharma: Sukomol Choudhury
- 11. Bauddha Darshan: Amit Kumar Bhattacharya
- 12. Ksanabhangavada: Bidhubhusan Bhattacharya
- 13. Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya
- 14. Nyaya Darshan: Phanibhushan Tarkavagisha
- 15. Nyaya Paricaya: Phanibhushan Tarkavagisha
- 16. Nyaya-Vaisesika Darshan: Karuna Bhattacharya
- 17. Nyaya Tattva Parikrama: Kalikrishna Bandyopadhyaya
- 18. Samkhya Darshan: Bhupendranath Bhattacharya
- 19. Samkhya Darshaner Vivarana: Bidhubhushan Bhattacharya
- 20. Samkhyamata Samiksa: Yogendranath Bagchi
- 21. Samkhya Tattva Kaumudi: Narayan Chandra Goswami
- 22. Samkhya-Patanjal Darshan: Kanakprabha Bandyopadhyaya
- 23. Patanjal Darshan: Purnachandra Vedantachanchu
- 24. Puva Mimasa Darshan: Sukhamaya Bhattacharya
- 25. Vedanta Darshan: Roma Choudhury
- 26. Vedanta Darshan: Advaitavada: Ashutosh Sastri
- 27. Mayavada: Pramatha Nath Tarkabhushan
- 28. Vedanta Darshan: Swami Vidyaranya

MJ-4: Western Philosophy – II

Credits 04 (Full Marks: 75)

MJ-4T: Western Philosophy – II

[Theory: 60 lectures]

Course contents:

- 1. **Locke:** Refutation of innate ideas, the origin and formation of ideas, simple and complex ideas, substance, modes and relations, nature of knowledge and its degrees, limits of knowledge, primary and secondary qualities, representative realism.
- 2. **Berkeley:** Refutation of abstract ideas. Criticism of Locke's distinction between primary and secondary qualities, Idealism, esse-est-percipi, role of God.
- 3. **Hume:** Impression and ideas, association of ideas, distinction between judgementsconcerning relations of ideas and judgments concerning matters of fact, theory of causality, theory of self and personal identity, scepticism.

Suggested Readings:

English:

- 1. Encyclopedia of Philosophy: P. Edwards (ed.)
- 2. A History of Philosophy: F. Coppleston, vols. I, II, IV, V, VI
- 3. History of Western Philosophy: B. Russell
- 4. History of Modern Philosophy: R. Falckenberg
- 5. A Critical History of Modern Philosophy: Y.H. Masih
- 6. A History of Philosophy: F. Thilly
- 7. A History of Modern Philosophy: W.K. Wright
- 8. A Critical History of Western Philosophy: D.J. O'Connor
- 9. A History of Philosophy from Descartes to Wittgenstein: R. Scruton
- 10. The Fundamental Questions of Philosophy: A.C. Ewing
- 11. A Brief History of Western Philosophy: A. Kenny
- 12. The Rationalists: J. Cottingham
- 13. An Essay Concerning Human Understanding: J. Locke
- 14. John Locke: R. Aron
- 15. Berkeley: G. Pitcher
- 16. The Works of George Berkeley: T.E. Jessop & A.R. Luce(eds.) 8 vols
- 17. An Enquiry Concerning Human Understanding-D. Hume: J. N. Mohanty (ed)
- 18. A Treatise on Human Nature: D. Hume
- 19. Locke, Berkeley, Hume: J. Bennett
- 20. Locke, Berkeley, and Hume: C.R. Morris
- 21. A Critique of Pure Reason-Immanuel Kant: N.K. Smith(tr. & ed.)
- 22. Kant's Metaphysics of Experience: H.J. Paton vols I & II
- 23. The Philosophy of Kant: J. Kemp
- 24. Kant: Paul Guyer
- 25. A Handbook to Kant's Critique of Pure Reason: Rasvihari Das
- 26. Kant: S. Körner
- 27. Kant: Allen W. Wood
- 28. Lectures on Kant's Critique of Pure Reason: J.N. Mohanty

- 1. Paschatya Darshaner Itihas: Tarak Candra Roy (pratham o dwitiya khanda)
- 2. Paschatya Darshaner Itihas: Kalyan Chandra Gupta
- 3. Paschatya Darshaner Itihas: Susanta Chakraborty
- 4. Paschatya Darshaner Itihas:Ikshanvada(Locke, Berkeley,Hume): Chandrodaya Bhattacharya
- 5. Paschatya Darshaner Itihas:(Locke, Berkeley, Hume): N.B. Chakraborty
- 6. Hume-er Enquiry-Ekti Upasthapana: Ramaprasad Das
- 7. Kanter Darshan-Tattva o Prayog: Prahlad Kumar Sarkar (ed.)
- 8. Kanter Darshan:Rasvihari Das
- 9. Kanter Shuddha Prajnar Bichar: Mrinal Kanti Bhadra
- 10. Bishuddha Prajnar Bichar: Gopal Chandra Khan

MJ-5: Psychology and Philosophy of Mind

MJ-5T: Psychology and Philosophy of Mind

Course contents:

- 1. Philosophy of Mind: Introduction
- 2. Mind-Body Problem, different solutions: Dualism, Behaviourism and Identity theory.

Credits 04 (Full Marks: 75)

[Theory: 60 lectures]

- 3. Psychology: Introduction
- 4. Methods of Psychology: Introspection, Extrospection, Experimental Methods
- 5. Sensation and Perception: Relation and Difference between sensation and perception. Gestalt theory of perception. Illusion and Hallucination
- 6. Consciousness: What is consciousness? and Problems of consciousness.
- 7. Levels of Mind Conscious, Sub-conscious, Unconscious, Proofs for the existence of Unconscious, Freud's Theory of Dream.
- 8. Learning: the trial and error theory, Pavlov's Conditioned Response theory, Gestalt theory
- 9. Intelligence: Theories of Intelligence, Measurement of Intelligence (I.Q.), Test of Intelligence

Suggested Readings:

English:

- 1. A Textbook of Psychology: Paresh Nath Bhattacharya
- 2. Introduction to Psychology: G.T. Morgan, R. A. King Jr.
- 3. A Modern Introduction to Psychology: Rex Knight & M. Knight
- 4. A Manual of Psychology: G.F. Stout
- 5. Psychology: Woodworth & Marquis
- 6. Science and Human Behaviour: B.F. Skinner
- 7. About Behaviorism: B.F. Skinner
- 8. General Psychology: G.D. Boaz
- 9. General Psychology: G. Murphy
- 10. Psychology: W. James
- 11. A Textbook of Psychology: E.B. Titchener
- 12. Principles of Psychology: W. James
- 13. Introduction to Psychology: N.L. Muna
- 14. A Materialist Theory of Mind: D.M. Armstrong
- 15. Philosophy of Mind: J. Heil
- 16. Philosophy of Mind: J. Shaffer
- 17. An Introduction to Philosophy of Mind: C.J. Lowe
- 18. Ten Problems of Consciousness: Michael Tye

- 1. Monovidya: Priti Bhushan Chattopadhyay
- 2. Monovidya: Pareshnath Bhattacharya

- 3. Monovidya: Ira Sengupta
- 4. Monovidya: Samarendra Bhattacharya
- 5. Monosamikksha: M. N. Mitra o Pushpa Mishra
- 6. Monodarshan-Sarirvada o Tar Vikalap: M. N. Mitra o P. Sarkar (Sampadito)
- 7. Monovijana Prasanga: Saradindu Bandyopadhyay
- 8. Adhunik Monovijana: Ira Sengupta
- 9. Shikshashrayi Monovidya: Sushil Roy
- 10. Monodarshan: Arabinda Basu o Nibedita Chakraborty

MJ-6: Social and Political Philosophy

Credits 04 (Full Marks: 75)

[Theory: 60 lectures]

MJ-6T: Social and Political Philosophy

Course contents:

- a) Nature and Scope of Socio-Political Philosophy.
- b) Primary concepts: Society, community, association, institution, family: nature, different forms of family, role of family in the society.
- c) Social Class and Caste: Principles of class and caste, Varnasrama dharma, Marxist conception of class, Ambedkar's concept of class.
- d) Secularism—its nature, Secularism in India.
- e) Social Change: Nature, Relation to Social progress, Marx-Engles on social change, Gandhi on social change.
- f) Political Ideals: nature of democracy and its different forms, dorect and indirect democracy, liberak democracy, socialist democracy

Suggested Readings:

English:

- 1. Philosophy: A Guide through the subject: A.C. Grayling (Ed.)
- 2. Individuals: An Essay in Descriptive Metaphysics: P.F. Strawson
- 3. The Concept of Person and Other Essays: A.J.Ayer
- 4. Fundamentals of Sociology: P. Gisbert
- 5. Outlines of Social Philosophy: J.S. Mackenzie
- 6. Problems of Polical Philosophy: D.D. Raphael
- 7. Society: R.M. MacIver & C.H. Page
- 8. Sociology: M. Ginsberg
- 9. Sociology: Tom Bottomore
- 10. Sociology: S.N. Shankar Rao
- 11. Sociology: D.C. Bhattacharya
- 12. Sociology: P.B. Kar
- 13. Guide to Modern Thought: C.E.M. Joad
- 14. Introduction to Modern political Theory: C.E.M. Joad

VIDYASAGAR UNIVERSITY, PASCHIM MIDNAPORE, WEST BENGAL

- 15. The Evolution of Political Philosophy of Gandhi: Buddhadeb Bhattacharya
- 16. Social and Political Thought of Gandhi: Jayantanuja Bandyopadhyay
- 17. The Philosophy of Mahatma Gandhi: D.M. Dutta
- 18. The Philosophy of Sarvodaya: K.S. Bharathi
- 19. Communist Manifesto: Karl Marx & Frederick Engels
- 20. Socialism: Utopian and Scientific: F. Engels Ngv nnv
- 21. Open Society and Its Enemies: Karl Popper
- 22. The Open Philosophy and The Open Society: M. Cornforth
- 23. Religion in India: T.N. Madan(ed.)
- 24. Religion and Society: S. Radhakrishnan
- 25. Secularism in the Present Indian Society, Amal Kumar Mukhopadhyay in Bulletinof the Ramakrishna Mission Institute of Culture, Vol.LVII, No. 11
- 26. Secularism and Its Critics: Rajeev Bhargava (ed.)
- 27. Civil Society and Its Institutions: Andre Beteille
- 28. Unravelling the Nation:Sectarian Conflict and India's Secular Identity: Kaushik Basu &Sanjay Subramaniyam (eds.)
- 29. India as A Secular State: D.E. Smith
- 30. Political Thought: C.L. Wayper
- 31. Political Philosophy: An Introduction: W.T. Blackstone
- 32. Political Philosophy: East and West: Krishna Roy
- 33. Political Philosophy: V.P. Verma
- 34. Essays in Social and Political Philosophy: Krishna Roy & Chhanda Gupta (eds.)
- 35. Western Political Thought: Brian R. Nelson
- 36. Western Political Thought: From Plato to Marx: Shefali Jha

- 1. Samaj Darshan Dipika: Pritibhushan Chattopadhyay
- 2. Samaj Tattva: Parimal Bhushan Kar
- 3. Samaj Tattva: T. Bottomore
- 4. Bisay Samaj Tattva: Anadi Kumar Mahapatra
- 5. Samajdarshan o Rashtradarshaner Parichoy: A.K. Mahapatra o P. Mukherjee
- 6. Rashtradarshaner Dhara: Amal kumar Mukhopadhyay
- 7. Samajdarshan o Rashtradarshan: Samarendra Bhattacharya
- 8. Samaj o Rajnaitikdarshan: Sandip Das
- 9. Samyabader Itihas: Marx o Engels
- 10. Samajtantra: Kalpanik o Baijnanik: F. Engels
- 11. Marxiya Rashtrachinta: Shovan Lal Dutta Gupta
- 12. Sarvodaya Andoloner Itihas: Gurudas Bandyopadhyay
- 13. Gandhi Rachanasambhar: M.K. Gandhi
- 14. Bharater Dharmanirapekshatar Sankat, Bholanath Bandyopadhyay in Essays onScience and Society: Biplab Chakraborti
- 15. Dharmanirapekshata Birodhi Istahar: Ashis Nandy.

MJ-7: Western Logic –I

MJ-7T: Western Logic –I [Theory: 60 lectures]

Course contents:

a) Logic and Arguments, Deductive and Inductive Arguments, Argument forms and arguments, statement forms and statement, Truth and Validity. Categorical propositions and classes: quality, quantity and distribution of terms, Translating categorical propositions into standard form.

Credits 04 (Full Marks: 75)

- b) Immediate inferences: Conversion, Obversion and Contrapositon, Traditional square of opposition and Immediate Inferences based there on; Existential Import, symbolism and Diagrams for categorical propositions.
- c) Categorical Syllogism: Standard Form categorical Syllogism; The Formal nature of Syllogistic Argument, Rules and Fallacies, General Rules; To test Syllogistic Arguments for validity (by applying general rules for syllogism); To solve problems and prove theorems concerning syllogism.
- d) Boolean Interpretation of categorical propositions; Logic concerning immediate inference and syllogism; Venn Diagram Technique for Testing Syllogisms, Hypothetical and Disjunctive Syllogisms.
- e) Induction: Truth table: truth value of statement, validity of the logical forms, Argument by Analogy, Appraising Analogical Arguments, Refutationby Logical Analogy.
- f) Causal Connections: Cause and Effect, the meaning of "Cause"; Induction by Simple Enumeration; Mill's Method of Experimental Inquiry; Mill's Method of Agreement, Method of Difference, Joint Method of Agreement and Difference, Method of Residues, Method of Concomitant Variations; Criticism of Mills Methods, Vindication of Mill's Methods.
- g) Science and Hypothesis: Explanations; Scientific and Unscientific, Evaluating Scientific Explanations; The pattern of Scientific Investigation; Crucial Experiments and Ad Hoc Hypotheses.

Suggested Readings:

English:

- 1. Philosophy: A Guide through the subject: A.C. Grayling (Ed.)
- 2. Individuals: An Essay in Descriptive Metaphysics: P.F. Strawson
- 3. The Concept of Person and Other Essays: A.J.Ayer
- 4. Fundamentals of Sociology: P. Gisbert
- 5. Outlines of Social Philosophy: J.S. Mackenzie
- 6. Problems of Polical Philosophy: D.D. Raphael
- 7. Society: R.M. MacIver & C.H. Page
- 8. Sociology: M. Ginsberg
- 9. Sociology: Tom Bottomore

- 10. Sociology: S.N. Shankar Rao
- 11. Sociology: D.C. Bhattacharya
- 12. Sociology: P.B. Kar
- 13. Guide to Modern Thought: C.E.M. Joad
- 14. Introduction to Modern political Theory: C.E.M. Joad
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- 17. The Philosophy of Mahatma Gandhi: D.M. Dutta
- 18. The Philosophy of Sarvodaya: K.S. Bharathi
- 19. Communist Manifesto: Karl Marx & Frederick Engels
- 20. Socialism: Utopian and Scientific: F. Engels Ngv nnv
- 21. Open Society and Its Enemies: Karl Popper
- 22. The Open Philosophy and The Open Society: M. Cornforth
- 23. Religion in India: T.N. Madan(ed.)
- 24. Religion and Society: S. Radhakrishnan
- 25. Secularism in the Present Indian Society, Amal Kumar Mukhopadhyay in Bulletinof the Ramakrishna Mission Institute of Culture, Vol.LVII, No. 11
- 26. Secularism and Its Critics: Rajeev Bhargava (ed.)
- 27. Civil Society and Its Institutions: Andre Beteille
- 28. Unravelling the Nation: Sectarian Conflict and India's Secular Identity: Kaushik Basu & Sanjay Subramaniyam (eds.)
- 29. India as A Secular State: D.E. Smith
- 30. Political Thought: C.L. Wayper
- 31. Political Philosophy: An Introduction: W.T. Blackstone
- 32. Political Philosophy: East and West: Krishna Roy
- 33. Political Philosophy: V.P. Verma
- 34. Essays in Social and Political Philosophy: Krishna Roy & Chhanda Gupta (eds.)
- 35. Western Political Thought: Brian R. Nelson
- 36. Western Political Thought: From Plato to Marx: Shefali Jha

- 1. Samaj Darshan Dipika: Pritibhushan Chattopadhyay
- 2. Samaj Tattva: Parimal Bhushan Kar
- 3. Samaj Tattva: T. Bottomore
- 4. Bisay Samaj Tattva: Anadi Kumar Mahapatra
- 5. Samajdarshan o Rashtradarshaner Parichoy: A.K. Mahapatra o P. Mukherjee
- 6. Rashtradarshaner Dhara: Amal kumar Mukhopadhyay
- 7. Samajdarshan o Rashtradarshan: Samarendra Bhattacharya
- 8. Samaj o Rajnaitikdarshan: Sandip Das
- 9. Samyabader Itihas: Marx o Engels
- 10. Samajtantra: Kalpanik o Baijnanik: F. Engels
- 11. Marxiya Rashtrachinta: Shovan Lal Dutta Gupta
- 12. Sarvodaya Andoloner Itihas: Gurudas Bandyopadhyay
- 13. Gandhi Rachanasambhar: M.K. Gandhi
- 14. Bharater Dharmanirapekshatar Sankat, Bholanath Bandyopadhyay in Essays on Science and Society: Biplab Chakraborti
- 15. Dharmanirapekshata Birodhi Istahar: Ashis Nandy.

MINOR (MI)

MI – 3: Nyāya Metaphysics

Credits 04 (Full Marks: 75)

MI – 3T: Nyāya Metaphysics

[Theory: 60 lectures]

Course contents:

- 1. Relevance of the acceptance of God in Nyāya Philosophy.
- 2. Arguments in favour of the existence of God.
- 3. The Nyāya theory of Self.
- 4. Proof for the existence of Self.
- 5. Liberation of Self.
- 6. The Nyāya theory of Liberation.

Suggested Readings:

- 1. Udayanacaryakrita Nyāyakusumāñjali: Shyamapada Misra
- 2. Udayanacaryakrita Nyāyakusumāñjali: Srimohan Bhattacharya
- 3. Nyayatattvaparikrama: Kalikrishna Bandopadhyaya

MI – 4: Theory of Inference in Nyāya

Credits 04 (Full Marks: 75)

MI – 4T: Theory of Inference in Nyāya

[Theory: 60 lectures]

Course contents:

- a) Basic concepts of three terms of the inference or *anumāna* in Indian logic: *pakṣa*, *sādhya* and *hetu*.Definiton of *anumāna*, *anumiti*, *parāmarśa* and *pakṣatā.Parāmarśa* as the *karaṇa* (special causal condition) of *anumiti*.
- b) Definition of *vyāpti*, *Vyāptigrahopāya*. Kinds of *anumāna*: (i) *svārthānumāna* and *parārthānumāna*
- c) (ii) pūrvavat, śeṣavat and sāmānyatodṛṣṭa (iii) kevalānvayī, kevala-vyātirekī and anvaya-vyātirekī. Analysis of pañcāvayavī nyāya.
- d) *Liṅga* or *hetu* and its three kinds *kevalānvayī*, *kevala-vyātirekī* and *anvaya- vyātirekī*. Definiton of *pakṣa*, *sapakṣa* and *vipakṣa* with illustrations. Marks of *saddhetu*.
- e) Definition and illustration of *hetvābhāsa* and its five kinds.

Suggested Readings:

- 1. Nyāya Theory of Knowledge: S.C. Chatterjee
- 2. Six ways of Knowing: D.M. Dutta
- 3. Bhāṣāpariccheda with Siddhāntamuktāvalī: Pancanan Shastri (ed.)
- 4. Tarkasamgraha with Dipika: Narayan Chandra Goswami (ed.)

SKILL ENHANCEMENT COURSE (SEC)

SEC 3: Philosophical Counseling

Credits 03

SEC3P: Philosophical Counseling

Full Marks: 50

Course Outline:

- a) Philosophical counseling-its meaning and scope,
- b) History of Philosophical counseling,
- c) Qualities of counsellors,
- d) Basic skills of Counselling- Listening (Definition of listening, hearing and listening, types of listening), Responding (Response of the counsellor), Understanding (Understanding of different practical issues),
- e) Philosophical counseling versus psychological counseling,
- f) Different approaches to Philosophical counseling (Critical thinking approach, Wisdom approach, Existential approach)

Assessment:

- i. 5 Marks for Attendance and Class Participation
- ii. 10 Msarks quiz in class
- iii. 20 Marks for written Report based on empathetic Reflection of one's experience.
- iv. 10 Marks for self assesment report of Philosophical Counselling (This is an individual assignment based on analysis of self in relation to philosophical knowledge learned through this course with respect to the apeutic experience it offers.)
- v. 5 marks for raising questions and taking part in discussion focusing of various social and moral issues.

Suggested readings:

- 1. Howard, Alex (2000)," Philosophy for Counselling and Psychotherapy". Palgrave Macmillan
- 2. Marinoff, Lou (2001), Philosophical Practice, San Diego: Academic Press. Reference Readings.
- 3. Corey, Gerald (2013)," Theory and Practice of Counselling and Psychotherapy 9th Edition". Brooks/Cole, Canada.
- 4. David Stewart, H.Gene Blocker, James Petrik (2013), "Fundamentals of Philosophy", Pearson, Newyork.
- **5.** May, R.Angel,E., & Ellenberger, H.F.[Eds].(1958). "Existence: A new dimension in psychiatry and psychology". New York: Basic Books