

VIDYASAGA RUNIVERSITY

Midnapore, West Bengal



PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF

**BACHELOR OF SOCIAL WORK -BSW
(HONOURS)**

4-YEAR UNDERGRADUATE PROGRAMME
(w.e.f. Academic Year 2023-2024)

Based on
Curriculum & Credit Framework for Undergraduate Programmes
(CCFUP), 2023& NEP, 2020

VIDYASAGAR UNIVERSITY, PASCHIM MIDNAPORE, WEST BENGAL

VIDYASAGAR UNIVERSITY
BACHELOR OF SOCIAL WORK- BSW (HONOURS)
(under CCFUP, 2023)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks				
								CA	ESE	TOTAL		
BSW. (Hons.)	2 nd	III	SEMESTER-III									
			Major-3	BSWHMJ03	T: Method of Social Work-Case Work	4	3-1-0	15	60	75		
			Major-4	BSWHMJ04	T: Method of Social Work: Group Work	4	3-1-0	15	60	75		
			SEC	BSWSEC03	P: Social Field Work (Practical)	3	0-0-3	10	40	50		
			AEC	AEC03	Communicative English -2 (<i>common for all programmes</i>)	2	2-0-0	10	40	50		
			MDC	MDC03	Multidisciplinary Course -3 (<i>to be chosen from the list</i>)	3	3-0-0	10	40	50		
			Minor-3	BSWMIN03	T: Social Psychology	4	3-0-1	15	60	75		
		Semester-III Total					20				375	
		IV	SEMESTER-II									
			Major-5	BSWHMJ05	T: Method of Social Work-Community Organization	4	3-1-0	15	60	75		
			Major-6	BSWHMJ06	T: Social Work Field Practicum	4	3-1-0	15	60	75		
			Major-7	BSWHMJ07	T: Social Issues and Problems-1	4	3-1-0	15	60	75		
			AEC	AEC04	MIL-2 (<i>common for all programmes</i>)	2	2-0-0	10	40	50		
			Minor-4	BSWMIN04	T: Medical & Psychiatric Social Work	4	3-0-1	15	60	75		
			Summer Intern.	INT	Internship/ Apprenticeship - activities to be decided by the Colleges following the guidelines to be given later	4	0-0-4	-	-	50		
		Semester-IV Total					24				400	
		TOTAL of YEAR-2					44				775	

MJ = Major, MI = Minor Course, SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language

MAJOR (MJ)

MJ-3: Method of Social Work-Case Work

Credits 04(FM: 75)

MJ-3T: Method of Social Work-Case Work

Credits 03

Unit No	Unit Title	Content
I	Introduction to Social Case Work	Concept, Definition, Objectives, Values, Assumptions and Principles of Social Case Work. History of Social Case Work in UK, USA and in India. Indigenization of social casework-concept.
II	Elements and Process of Social Case Work	Four Ps, Intake, Study, Diagnosis, Treatment (Intervention), Termination, Evaluation and follow-up.
III	Tools, Skills and Techniques of Social Case Work	Listening, Observation, Interview, Home Visit, Professional Relationship (service -user & service provider), Helping Techniques and Skills required to be a Professional Social Case-worker
IV	Record Keeping and Communication	Meaning, concept, definition, types, role and importance of record keeping, Characteristics of good Record-keeping. Concept of Communication in Social Case Work. Types of Communication
V	Settings of Social Case Work	Family, Educational, Medical, Industrial and Correctional settings, Role of Social Case Worker

Suggested Reading:

1. Theory and Practice of Social Case Work - Gordon Hamilton, Rawat Publication, Jaipur.
2. An Introduction to Social Case Work - Grace Mathew, TISS, Mumbai
3. Social Case Work - Hellen Harrish Perlman, Rawat Publication, Jaipur.
4. Social Case Work - R. K. Upadhyaya, Rawat Publication, Jaipur
5. Relational Social Work - Fabio Folgheraiter, Jessica Ingsley, London N1, 9JB,

MJ-4: Method of Social Work: Group Work**Credits 04(FM: 75)****MJ-4T: Method of Social Work: Group Work****Credits 04**

Unit No	Unit Title	Content
I	Introduction to social group work	Concept of group and social group work. Definition, characteristics, types of Groups, Importance of Groups, Definition, objectives, values and principles of Social Group Work. Basic group work models.
II	Group Work Process	Group work Process, Stages of Group development, Tools, Techniques and Skills of Group Worker, Role of Social Group Worker
III	Leadership and Programme Planning in Group Work	Program Planning- Objectives, Identification of needs, principles and role of group worker in programme planning. Concept of leader and leadership. Types and role of a group leader.
IV	Record Keeping	Meaning, concept, definition, types, role and importance of record keeping, Characteristics of good Record-keeping. Supervision in social group work.
V	Settings of Social Group Work	Family, Educational, Medical, Industrial and Correctional settings, Role of Social Group Worker

Suggested Reading:

1. Group Work - H. Y. Siddiqui, Rawat Publication, Jaipur, Rajasthan
2. Essential Group Work - Mark Doel and Catherine Sowdom, Jessica Kingsley Publisher, London NI, 9JB, UK
3. Social Group Work: Principles and Practices. H.B. Trecker. (1955). Association Press, New York.
4. Group Participation: Techniques for Leaders and Members. H.J. Bertcher. (1979). Sage Publications, California.
5. Social Work with Groups. C.H. Zastrow. (2010). Cengage Publications, New Delhi.

MJ-5: Method of Social Work-Community Organization**Credits 04(FM: 75)****MJ-5T: Method of Social Work-Community Organization****Credits 04****Course Content**

Unit No	Unit Title	Content
I	Understanding Community	Concept and Perspective of Community, Geographical and Functional Community, Functions of Community
II	Community Dynamics	Understanding Community Power Structure, Relevance of power in community organization, Community Empowerment and barriers of empowerment
III	Community Organization as a Practice	Meaning, definition, objectives, of Community Organization, Principles of Community Organization, Models of Community Organization, Process of Community Organization (Steps and applications)
IV	Historical Development of Community Organization	Historical Development Community of Organization in UK, USA and in India, Relation between Community Organization and Community Development
V	Strategies in Community Organization	Participatory Approaches and related techniques, Formation and Capacity Building of the community people, Importance of People's Participation, Objectives and Processes of Programme Planning in Community Organization
VI	Role of Community Organizer	Skills required to be a Community Organizer ,Roles played by the Community Organizer (Guide, Communicator, Enabler, Expert, Counsellor, Animator, Collaborator, Consultant, Innovator, Motivator, Catalyst, Advocate, Facilitator, Mediator, Educator)

Suggested Reading:

1. Community Organization. Murray G. Ross. (1958)
2. Community Organization in India. K. D. Gangrade. (1971), Popular Prakashan, Mumbai.
3. Community Organization. Dr. (Prof.) Banmala
4. People's Participation and Voluntary Action Discussions, Roles and Strategies. Kranti Rana. (2001). Kanishka Publishers, New Delhi.
5. Working with Communities - An Introduction to Community Work, H. Y. Siddique,

MJ-6: Social Work Field Practicum**Credits 04(FM: 75)****MJ-6T: Social Work Field Practicum****Credits 04****Course Content**

Unit No	Unit Title	Content
I	Introduction to Social Work Field	Concept of Field Work, Objectives of Field Work, Contents of Field Work, Types and Common Techniques and Tools of Field Work
II	Guidelines to Utilize Social Work Methods	Social Work Knowledge Practicum, Developmental Field Work, Professional Associations of Social Work in India, UGC Review Committee and Social Work Education
III	Domain of Field Work in Social Work	Domain of Social Worker, Methods of Practice, Paradigms of Profession, Standards with regard to Student Social Workers
IV	Issues Addressed, Programmes and Assignments undertaken and Outcomes	Field Work Placement, Dealing with Case Work, Group Work, Community Organization, Research and other specific tasks to be fulfilled
V	Field Work and Its Emerging Trends	Major Challenges for Indian Student's Perspectives on Field Work and Emerging Trends Today, Educator's Perspectives on Field Work and Its Emerging Trends
VI	Instrument Development in Field Work	Preparing Schedule, Case Study, IEC Material, TLM, PPT Presentation Audio-Visual Presentation, Report making

Suggested Reading:

1. Fieldwork Training in Social Work. I.S. Subhedar (2001). Rawat Publications, Jaipur and New Delhi
2. Fieldwork in Social Work. Sanjoy Roy. (2012). Rawat Publications, Jaipur and New Delhi
3. Fieldwork Training in Social Work. W.R. Mujawar, N.K. Sardar. (2010). Manglam Publications, Delhi
4. Handbook of Social Work. S.C. Joshi. First Publications. (2004). Akansha Publishing House, New Delhi.
5. Social Work Education and Field Instructions, Centre for Social Research and Development, Pune.

MJ-7: Social Issues and Problems-1**Credits 04(FM: 75)****MJ-7T: Social Issues and Problems-1****Credits 04****Course Content**

Unit No	Unit Title	Content
I	Introduction to Social Problems	Definitions of Social Problems, Characteristics of Social Problems, Criteria to determine Social Problems
II	Social Disorganization	Meaning and Nature of Social Disorganization, Causes and Types of Social Disorganization
III	Problems of Family and Marriage	Modern Family and Stability, Family Violence, Causes and consequences of Marital Conflict, Dowry, Problems of widowhood
IV	Problems of Industrialization and Urbanization	Causes and Effects of Poverty, Population-Explosion, Unemployment, Urban Slums, Beggars, Street Children
V	Racial Problems	Casteism, Communalism, Regionalism and Religious Bigotry
VI	Role of Social Workers	Role of Social Workers in dealing with Social Problems

Suggested Reading:

1. Social Problems in India. Ram Ahuja. 2nd Edition. (2007). Rawat Publications.
2. Indian Social Problems. Vol. I & II. G.R. Madan. (2005). Allied Publishers Pvt. Ltd. New Delhi.
3. Social Problems of Contemporary India. Rajendra Pandey
4. Social Disorganization. M.A. Eliott & F. E. Merrill. (1961). Harper & Brothers. New York.
5. India's Population Problems. S. N. Agrawal.

MINOR (MI)

MI – 3: Social Psychology

Credits 04(FM: 75)

MI – 3T: Social Psychology

Credits 04

Course contents:

Unit No	Unit Title	Content
I	Introduction to Social Psychology	Definition of Psychology, Relation of Psychology with Social Work, Concept, Nature of Social Psychology
II	Psychological and Social Aspects in Human Behaviour	Nature and Types of Motivation, Conflict and Stress, Emotions, Theory of Learning
III	Personality	Concept and determinants of Personality, Psychodynamic theory of Freud and Erikson,
IV	Human Growth	Concept and Principles, Stages of Human Growth, Factors affecting Human Growth
V	Group Behaviour	Audience, Crowd, Mob, Public Opinion and Propaganda, Social Prejudices, Communication and Persuasion

Suggested Reading:

1. Introduction to Psychology, Clifford T Morgan, Richard A. King, J. R. Weisz and John Schopler, Seventh Edition. (1988) Tata Mc Graw Hill Publishing Company Ltd., New Delhi.
2. Human Growth and Development: A Psycho-social Introduction, Chris Bocket, 2002, Saga, London.
3. Social Psychology, Understanding Human Interaction, Robert A Baron and Donna Byrne, 1991.
4. Young Children's Personal, Social and Emotional Development, 2nd Edition, Marion Dowling, 2005, Saga, London.
5. Young Children's Behaviour: Practical Approaches for Caregivers and Teachers, Luise Porter, 2003, Saga, London.

MI – 4: Medical & Psychiatric Social Work**Credits 04(FM: 75)****MI – 4T Medical & Psychiatric Social Work****Credits 04****Course contents:**

Unit No	Unit Title	Content
I	Introduction to Health & Hygiene	Concept of Health and Hygiene, Concept of Community Health. Classification of Diseases-Communicable and Non-Communicable and Life Style related Diseases, Symptoms and Prevention of Malaria, Diarrhoea, Hepatitis, Tuberculosis, STD
II	Nutrition and Reproductive Issues	Nutrition Requirements for expectant, nursing mother, infants. Balanced Diet, Concept of Reproductive Health, IMR, MMR, Family Welfare Programme
III	Health Programmes	National Health Programmes, Role of ANM, ASHA, USHA and Social Worker in Health Setting
IV	Psychiatric Social Work	Concept and scope of Psychiatric Social Work, Meaning and Characteristics of Normal and Abnormal behaviour, Types of Mental Disorder such as Psychoses, Neuroses and Stress Related disorders
V	Settings of Psychiatric Social Work	Child Mental Health, Intellectual Disability, De-addiction Clinics. Crisis Intervention Clinics and Geriatric Clinics
VI	Mental Health Programmes	National Mental Health Programme in India, Role of Social Worker in the Study and Treatment of Mental Health Problems

Suggested Reading:

1. Sociology of Health. Akram Mohammad. Jaipur Rawat Publications.
2. Health Information of India, 2005, Ministry of Health and Family Welfare, Govt. of India, CBHI, New Delhi.
3. Social Work and Community Health. S.B. Desai & Bharti Joshi. (2012). Alfa Publications. New Delhi.
4. Abnormal Psychology: An Integrative Approach. D.H. Barlow and V.M. Durand. 2nd Edition. (2002). Thomson Asia Pvt. Ltd., New York.
5. Psychiatry. M. Gelder, R. Mayou, J. Geddes. (1999). Oxford University Press, Oxford.

SKILL ENHANCEMENT COURSE (SEC)

SEC 3: Social Field Work

Credits 03(FM: 50)

SEC 3P: Social Field Work (Practical)

Credits 03

Course Outline:

Unit No	Unit Title	Content
I	Village /Urban Profile	Demography of the Village/Urban, Natural resources of the Village/Urban, Survey of community system, total population of village/Urban (Gender, Child, Adults).
II	Visit & Study by Student Social Worker.	All the Govt. institutions like schools, ICDS health Centre etc. All Non Govt. Institutions like, Clubs, Self-help group, Caste, Religion, Contact with resource persons.
III	Social Case Work	Study at least Two Case- Alcoholic, Substance Abuse, Domestic Violence, Financial Problems, Any health Related Problems, School Dropout etc.
IV	Social Group Work	Children's group organise various Sports activities and Cultural program.
V	Community Organization	Organised at least one Community Program, Facilitating Self-help group and Support system.

INTERNSHIP/APPRENTICESHIP (INT)

Credit-04 Marks: 50

(120 hours, 8 weeks)

Guideline for Internship/Apprenticeship

Students will undertake **one month (120 hrs.)** internship/apprenticeship **to be conducted in Fields of Social Work** as instructed by the Course Coordinator(s). A brief report will be prepared about the activities with geo tag images. A certificate from the visiting institution will be attached in the report.